



Alliance Offering Artist Studio Tour

The Alliance for the Arts will open doors to nine local artists' studios and homes on Saturday, March 28. Through a self-guided tour, visitors from near and far get the rare opportunity of experiencing the sanctuaries where art is created while getting acquainted with the makers and gaining a close-up view of the materials each artist employs.

The self-guided tour begins at 10 a.m. at the Alliance, where ticket holders receive a program and map, and visit art studios and homes featuring working artists. A closing reception will be held at 3 p.m. at Sanibel Pottery Studio, located at 15560 McGregor Boulevard in Fort Myers.

Tickets are \$25 for Alliance members or \$35 for non-members.

Participating artists will be Brian Wyllie, wooden boatmaker; Maria Collier, abstract painter; Steve Kalb, metal blacksmith; Byron Wood, metal artist; Buck Ward, photographer; Bill Kreutz, artist in aerosol acrylic/illustration/oil/acrylic; Michael Pinckney, music/art installer; and Rick Plummer, artist in mixed media, oil, acrylic and image transfers.



Buck Ward looks through his lens

photos provided

At the closing reception at Sanibel Pottery Studio, owner Tim Smith will work in ceramics/raku.

Wyllie built his first boat with his brother at age 10. He has been building wooden boats ever since. He has built houses as well as owned his own windsurfing shop. After filling his shop and garage with a fleet of handmade watercraft, he realized he was going to have to build scale models. Wyllie also builds custom one of a kind furniture out of unique pieces of wood.

Collier is Columbian-born and began painting on canvas after being diagnosed with an auto-immune disease. The healing



Steve Kalb at work

that occurred from being aligned with her true passion was life-changing. The unusual tools she uses to move the paint around can be found in hardware stores. Music is an integral part of her work. She names most of her work after the songs that inspire her and places the lyrics on the back of each canvas.

Wood transformed his knowledge of metals into creation of works of art of profound impact and lasting beauty. He

specializes in depictions of the bird and water life that surrounds his home in Fort Myers. He displays his work in a number of galleries throughout Southwest Florida and in the Florida Keys.

Ward uses light, sky, clouds and water to enhance the built environment, to reveal the art of nature in the mundane works of humans. He works in natural habitats that have been spared, where wildlife thrives,

continued on page 21



From left, Derek Lively, Tijuanna Clemons, Cantrella Canady and Lemec Bernard in a scene from *King Hedley II*

photo provided

August Wilson Play At Theatre Conspiracy

by Di Saggau

King Hedley II is the ninth play in August Wilson's 10-play cycle that, decade by decade, examines African American life in the United States during the 20th century. It's the fourth play by Wilson to be performed at

Theatre Conspiracy.

Set in Pittsburgh in 1985, it tells the story of an ex-con trying to rebuild his life. The cast is superb, and Derek Lively as the lead character King gives a tour de force performance. King is engaged in life-and-death struggles, with a scar to prove it. He spent seven years in prison and strives to live by his own moral code of rules that are stacked against him. The 36-year-old King lives with his mother Ruby (Tijuanna Clemons) and his pregnant wife Tonya (Cantrella Canady).

continued on page 8

Shrimp Festival Returns For 62nd Year



Everyone loves a parade

photo courtesy www.fortmyersbeachshrimpfestival.com

The 62nd annual Fort Myers Beach Lions Club Shrimp Festival, Estero Island's largest annual event, will be held in downtown Fort Myers Beach on Saturday and Sunday, March 14 and 15.

The weekend kicks off with the Shrimp Run 5K at 9 a.m. on Saturday, presented by Cypress Lake High School Athletic Booster Club and Cypress Lake High School. The start and finish line will be at Doc Ford's Fort Myers Beach, and the race takes participants over Matanzas Pass Bridge twice. Runners and walkers are welcome. To register, visit www.active.com/fort-myers-beach-fl/running/distance-running-races/cypress-lake-athletics-presents-the-shrimp-run-5k-2020.

At 10 a.m., the two-mile long parade begins on Estero Boulevard, from Beach

continued on page 14

Historic Downtown Fort Myers, Then And Now:

Courtly Charm



by Gerri Reaves, PhD

Take a picturesque trip to boom time and escape vehicular traffic. Meander through Bayview Court. Situated between Hendry and Dean Streets, it epitomizes the idea of pedestrian friendly.

This court connecting First and Bay Streets was constructed in the mid-1920s in the Mediterranean Revivalist-style.

The two buildings pictured in this circa-1926 photo are charmingly diminutive, each in their own way.

On the left is a 17-foot-wide two-story structure located about midway on the court's east side. Note the small hanging sign reading "Realty Co."

That three-story 1926 building with the iron balconies (right) faces First Street at the court entrance. Only 15 feet wide, it was known years ago simply as the "Downtown Building."

Debris visible between the two buildings and at the lower left corner suggest very recent construction. Today, that area between the buildings is occupied by the courtyard of a First Street restaurant.

One of the most special things about Bayview Court is apparent if you stand on First and look northward through the court: it's a visual gateway to the Caloosahatchee.

For most of the last century, anyone exiting the court on Bay has experienced an expansive view opening onto the river and sky.

However, that view has steadily receded through the decades due to several phases of infill development that moved the seawall farther away from Bay Street.

Now, the ongoing construction of the Luminary Hotel is altering the view once again.

Today, all Bayview Court buildings have been restored and are a thriving part of downtown.

As for the two in the photos, the one standing mid-court is a law office and the Downtown Building is a hair salon and private residence.

Discover Bayview Court, one of downtown's pleasantest little thoroughfares.

Then learn more about how the boom-time "alley" came into being at the following research centers.

The Southwest Florida



These two Bayview Court buildings, pictured circa 1926, are on the court's east side. On the right is the Downtown Building at the First Street entrance.

photo courtesy IMAG History & Science Center

Historical Society is an all-volunteer, nonprofit organization open Wednesday and Saturday between 9 a.m. and noon and Wednesday 4 to 7 p.m. It is located at 10091 McGregor Boulevard on the campus of the Lee County Alliance for the Arts. Call 939-4044 for more information.

The Lee County Black History Society is located at 1936 Henderson Avenue, adjacent to the Williams Academy Museum at Roberto Clemente Park. Hours for the nonprofit organization are Wednesday through Friday from 11 a.m. to 4 p.m. and on Saturday by appointment only. For more information, call 332-8778 or visit www.leecountyblackhistorysociety.org.

Visit the IMAG History & Science Center at 2000 Cranford Avenue or at www.theimag.org.

Sources: The Archives of the Southwest Florida Historical Society and *The Story of Fort Myers* by Karl H. Grismer.✪



Both buildings have been beautifully restored

photo by Gerri Reaves

Scientists' Society Members To Meet

Learn how SQUIDs are the heart of the magnetic resonance imaging (MRI) scan and many of today's technologies and super-fast machines at the dinner meeting of the Scientists' Society of Southwest Florida at the Lexington Country Club on Wednesday, March 18. Social hour begins at 5:15 p.m. with a cash bar, while dinner and program starts at 6 p.m.

Jacob Hudis, a PhD candidate in physics at Florida State University, will present the program Superconductivity, One Hundred Years of Exploration and Integration into Society. The talk will give an introduction to the ideas and technologies based on superconductivity as the field has developed. Hudis holds a master of science degree in physics from Johns Hopkins University and a bachelor of science degree in physics from Columbia University.

SQUIDs are superconducting quantum interference devices that are used to measure very small magnetic fields, superconducting sensors and superconducting electromagnetics such as in MRI machines. They are one application resulting from the research into superconductivity. Although metal conductors with zero resistance (superconductivity) were discovered in 1911, there was no theoretical model until the mid 1950s. Today, quantum computers based on superconducting loops can process computations trillions of times faster than standard transistor technology.

The public is invited but reservations are required. Students are encouraged to attend. Cost is \$40 per person.

Lexington Country Club is located at 16257 Willowcrest Way in Fort Myers. To reserve, mail check made out to SSSWFL to Scientists' Society of Southwest Florida, 2808 South West 45th Street, Cape Coral, call 233-0762, email president@science-swfl.org or visit www.science-swfl.org.✪

Independently Owned And Operated
COPYRIGHT 2020 The River Weekly News
LORKEN Publications, Inc.



Read Us Online: www.IslandSunNews.com



Publisher
Lorin Arundel
Accounting
Mike Terry
Advertising
Bob Petcher

Graphic Arts/ Production
Ann Ziehl, Manager
Amanda Hartman
Justin Wilder

Reporters
Gerri Reaves, PhD
Jeff Lysiak

Contributing Writers
Jennifer Basey
Kay Casperson
Suzy Cohen
Linda Coin
Marcia Feeny
Katie Frederic
Shelley Greggs
Tom Hall
Marion Hauser, MS, RD
Ross Hauser, MD
Craig R. Hersch
Capt. Matt Mitchell
Trinette Nelson
Howard Prager
J. Brendan Ryan, CLU,
ChFC, MSFS
Di Saggau
Jeanie Tinch

The River Weekly News will correct factual errors or matters of emphasis and interpretation that appear in news stories. Readers with news, tips, comments or questions, call 239-395-1213 or write to: The River Weekly News, 1640 Periwinkle Way, Suite 2, Sanibel, FL 33957. FAX number: 239-395-2299. Email: press@islandnews.com. Email: ads@islandnews.com. The River Weekly News reserves the right to refuse, alter or edit any editorial or advertisement.



A previous Water & Wheels event

photo provided

Boat And Car Show Returns To Cape Harbour

A solid collection of boats and cars and dance-worthy music highlight the 14th annual Water & Wheels three-day event at Cape Harbour from Friday, March 13 through Sunday, March 15.

The free admission event features classic and modern-day cars and boats from yachts to kayaks and paddleboards in the waterways and on land.

The action starts at noon Friday and continues to 5 p.m. From 6 to 10 p.m., there will be music in the square provided by 3 Crooked Steps.

On Saturday, the boat show continues from 9 a.m. to 5 p.m. and Wildfire takes to the stage with live music from 6-10 p.m.

On Sunday, there will be a rev'em up performance by the classic Michigander top fuel nitro dragster, firing up teeth-rattling noise. A car show with over

120 classic and custom cars, including Corvettes, Mustangs, other street rods, customs and coupes, race cars, trucks and motorcycles will take place from 10 a.m. to 2 p.m. and trophies will be awarded in various categories. The boats will continue to be on display from 9 a.m. to noon and the musician OBE will keep the heart racing from 4 to 7 p.m.

"It brings a lot of people around who may not come very often to the area," said Valeria Zanella Voisin. "They love boats because we are a very big boat community. It's a great event to just come walk around, have lunch or dinner and enjoy the things we offer."

The Coast Guard also will be available for boat safety inspections. There will be a 50/50 raffle and more music by DJ Music Tom's Traveling Tunes.

Fathoms Restaurant & Bar, The French Press, Safe Harbor Marinas, Marina Villages and Master Touch Installations are sponsoring this year's event.

Cape Harbour is located at 5828 Cape Harbour Drive in Cape Coral. For more information, visit www.fathomsrestaurant.com.✪

systems and are tasked with finding cybersecurity vulnerabilities within the images and hardening the system while maintaining critical services in a six-hour period.

Teams compete for the top placement within their state and region, and the top teams in the nation earn all-expenses paid trips to Baltimore, Maryland for the National Finals Competition where they can earn national recognition and scholarship money.

"My four years at Dunbar High School have been incredible. Being a member of the Cyber Patriot team two years in a row has really prepared me for what I'm going to face at the next level. I'm seriously considering a job in the cybersecurity analyst field," said senior team member Everett Taylor, "Mr. Dunaway's real-world experiences really helped us understand the concepts of cybersecurity and prepared our teams for the Cyber Patriot competition."

For more information, visit www.uscyberpatriot.org.✪

Dunbar Cyber Patriot Teams Earn Top Honors

Dunbar High School's Cyber Patriot Cyber Paw Patrol Team recently earned first place in the State of Florida and second place nationally in the Silver Tier Division, while the D:\Tigers Team earned second place in the State of Florida and 12th place nationally in the Gold Tier Division for the Cyber Patriot XII competition held by the U.S. Airforce Association in Arlington, Virginia.

Cyber Patriot is the National Youth Cyber Education Program. At the center of Cyber Patriot is the National Youth Cyber Defense Competition. The competition puts teams of high school and middle school students in the position of newly hired IT professionals tasked with managing the network of a small company. In the rounds of competition, teams are given a set of virtual images that represent operating

STIFEL

Investment Services Since 1890

WE ARE PLEASED
TO WELCOME

Jennifer Basey
First Vice President/Investments



KNOWLEDGE

For 130 years, Stifel has served as a trusted financial advisor to individuals, just like you. Our knowledge and service have helped clients navigate all market cycles, even the difficult ones.

SERVICE

Stifel, a full-service wealth management and investment banking firm, has the professional expertise and resources to assist you in developing a financial strategy designed for the challenges of today's up-and-down market and your long-term goals.

EXPERTISE

Contact our office in
Fort Myers, Florida.

(239) 985-6540

baseyj@stifel.com

12670 Creekside Lane, Suite 402
Fort Myers, Florida 33919

Stifel, Nicolaus & Company, Incorporated | Member SIPC & NYSE | www.stifel.com



The start of the 2020 Metro McGregor Kiwanis BUG Chase 5K Race photos provided

BUG Chase 5K Run Benefits Local Children

The Fort Myers Metro-McGregor Kiwanis' 12th annual Calusa BUG Chase 5K run at the Calusa Nature Center on January 25 raised a net total of over \$9,000. The race benefited the local Kiwanis club's BUG (Bring Up Grades) program and other local club-sponsored youth service projects. There were a record number of over 400 registered participants who

traveled the trails at the nature center and a portion of the asphalt bike path on Ortiz. The race was timed with Chrono Track Bib Tag Technology, and was supervised by the Fort Myers Track Club.

Katie Johnson won overall female with a time of 21:28. Kolton Pickard won overall male with a time of 16:26, which beat last year's winning time by over two minutes. Other winners included: Amy Lucas (Masters Female); Glen Button (Masters Male); Mary OBrien (Grand Master Female); Chris Meier (Grand Master Male); Mary Fairclough (Senior Grand Master



Kolton Pickard was the top male finisher

Female); and Al Navarro (Senior Grand Master Male). Age group awards were also presented. Full race results and photos can be found at www.ftmyerstrackclub.com. Photos from the race can be found on the Metro-McGregor Kiwanis Club's Facebook page at www.facebook.com/metro.mcgregorkiwanis

All proceeds benefit the Fort Myers Metro-McGregor Kiwanis BUG program, designed to provide recognition to local elementary students who raise their grades to an acceptable range and maintain or continue to raise them from one grading period



Katie Johnson, right, led all female runners

to the next, and other local club sponsored youth service projects. The Metro-McGregor Kiwanis currently has BUG programs at Littleton Elementary School, Orangewood Elementary School and Rayma C. Page Elementary School.

For more information regarding the 12th annual Calusa Bug Chase, contact Rachel Toomey at rachel.toomey33@gmail.com. For details on joining the Metro-McGregor Kiwanis Club, call membership chair Stewart Ross at 507-304-1624. Interested individuals or businesses can also email stewart.ross@mnsu.edu.

CENTURY 21
SUNBELT REALTY

Rodney Balmer



NEW LISTING \$650,000

Updated "Old Florida Style Home" situated at 1009 Dixie Beach Blvd, Sanibel, FL. This private oasis is surrounded by tropical landscaping and ideally located within walking or biking distance from restaurants, shopping, golf courses, parks and beaches.



OPEN HOUSE Sunday March 15th • 11am - 4pm
Refreshments Provided

For private showings please call Rodney Balmer
Century 21 SUNBELT • 13031 McGregor Blvd, Fort Myers, FL 33919
(239) 888-7369 mobile • www.PremierEstateGroupFL.com

Sincerely working for you!

SW Florida, Fort Myers Beach, Sanibel & Captiva Islands is All About Home

Summerlin Place

Listed at \$236,900



Fort Myers Beach

Listed at \$475,000



REAL ESTATE SPECIALIST

SW Florida, Fort Myers Beach, Sanibel & Captiva Islands is All About Home

Cathie Lewis, Realtor

Phone: 239-745-7367

Cathie@AllAboutHome.Life

Pfeifer Realty Group



McGregor Park Villa

Listed at \$209,900





OLD FORT MYERS

2490 MCGREGOR BLVD., FT. MYERS
 • 1-Acre Riverfront Retreat
\$3,250,000 MLS 219066534
 McMurray & Members 239.850.7888



GULF HARBOUR YACHT & CC

OPEN 3/15 1:00PM - 3:00PM
11330 LONGWATER CHASE CT., FT. MYERS
 • Harbourside Riverfront Home
\$2,199,000 MLS 220005131
 Patti Testa 239.770.5445



OLD WHISKEY CREEK

6940 OLD WHISKEY CREEK DR., FT. MYERS
 • Canal & Riverfront Views
\$799,000 MLS 218070992
 McMurray & Members 239.850.7888



GULF HARBOUR YACHT & CC

OPEN 3/14 1:00PM - 3:00PM
14325 HARBOUR LINKS CT. #18C, FT. MYERS
 • Top Floor Water Views
\$599,000 MLS 220009514
 Patti Testa 239.770.5445



**EMERSON SQUARE
NEW PRICE**

OPEN 3/15 1:00PM - 4:00PM
5664 WHISPERING WILLOW WAY, FT. MYERS
 • Like New, Large Corner Lot
\$369,000 MLS 220010239
 Sue Ellen Mathers 239.877.2726



**MCGREGOR
NEW PRICE**

1350 WALDEN DR., FT. MYERS
 • In the Heart of Old Fort Myers
\$299,000 MLS 219040038
 Kiersten Capo, McMurray & Members 239.284.5847

ROYAL SHELL
*We make it easy.
 You make it home.®*

Florida Locations: Bonita Springs/Estero, Cape Coral, Captiva Island, Fort Myers, Naples/Marco Island, Ocala and Sanibel Island
North Carolina Locations: Cashiers, Highlands and Sapphire Valley/Lake Toxaway

23 YEARS OF EXCELLENCE
 RoyalShellRealEstate.com • 239.216.9021 • RoyalShell.com



PLANTATION PRESERVE

OPEN 3/14 & 3/15 11:00AM - 2:00PM
12000 HONEYSUCKLE RD., FT. MYERS
 • 2.5 Acres
\$499,000 MLS 220005303
 Mark Hasson 954.696.1524



LAUREL OAKS

OPEN 3/13 - 3/15 11:00AM - 3:00PM
15600 LAUREL DAWN DR., FT. MYERS
 • Custom 3 BR, 2 BA, 3+ CG
\$359,900 MLS 219072764
 Ron Cotorakas & Marc Wozny 239.560.1406



LOVERS KEY

OPEN 3/15 3:00PM - 5:00PM
8701 ESTERO BLVD. #505, FT. MYERS BEACH
 • Turnkey, Weekly Rentals Welcome
\$295,000 MLS 220003007
 Tammy Workman 239.645.0750



PALMS OF BAY BEACH

OPEN 3/14 & 3/15 11:00AM - 2:00PM
4253 BAY BEACH LN. #4D, FT. MYERS BEACH
 • 2 BR, 2 BA, Turnkey
\$435,900 MLS 219073400
 Tammy Workman 239.645.0750



LOVERS KEY

OPEN 3/15 3:00PM - 5:00PM
8701 ESTERO BLVD. #1007, FT. MYERS BEACH
 • Turnkey, Weekly Rentals Welcome
\$335,000 MLS 220003404
 Tammy Workman 239.645.0750



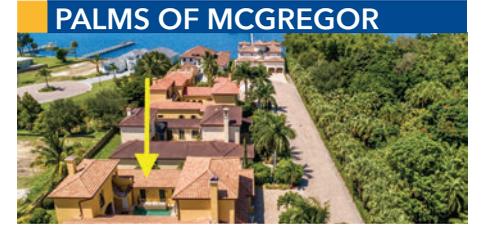
THE PLANTATION - SOMERSET

OPEN 3/15 1:30PM - 3:30PM
10230 GLASTONBURY CIR. #102, FT. MYERS
 • 3 BR, 2 BA, 2 Car Garage
\$279,900 MLS 220009935
 Anabelle Miller 239.565.0146



MCGREGOR RIVERFRONT

5844 RIVERSIDE LN., FT. MYERS
 • Spanish-Mediterranean Estate
\$2,495,000 MLS 220012967
 McMurray & Members 239.850.7888



PALMS OF MCGREGOR

8941 RIVER PALM CT., FT. MYERS
 • 4 BR, 4.5 BA, 3,800 S.F.
\$990,000 MLS 219062566
 McMurray & Members 239.850.7888



MCGREGOR RESERVE

OPEN 3/15 1:00PM - 4:00PM
1522 MCGREGOR RESERVE, FT. MYERS
 • 4,410 S.F. of Perfection
\$689,900 MLS 219049314
 Elaine Sawyer & Jim Fitzgerald 239.940.1386



HARBOUR ISLE YACHT & RACQUET

OPEN 3/13 & 3/15 10:00AM - 1:00PM
12345 ANGLERS CV., FT. MYERS
 • Gulf Access Twin Villa
\$405,000 MLS 219051140
 Tina Tusack 239.634.3810



LOVERS KEY

OPEN 3/15 3:00PM - 5:00PM
8701 ESTERO BLVD. #806, FT. MYERS BEACH
 • Turnkey, Weekly Rentals Welcome
\$315,000 MLS 220007569
 Tammy Workman 239.645.0750



LUCAYA - GRAYCLIFF

OPEN 3/13 - 3/15 11:00AM - 3:00PM
14508 DOLCE VISTA RD. #101, FT. MYERS
 • 3 BR, 2 BA, Waterfront
\$269,800 MLS 220003290
 Marc Wozny 239.297.0760

Fort Myers Art:

Bonita Springs International Film Festival Winners



by Tom Hall

The 5th annual Bonita Springs International Film Festival (BIFF) wrapped up recently with the announcement of winners in 10 categories:

Kids Shortz – Oh, The Places

You've Been, a 9-minute film in which a specific demographic travels to new places and old via virtual reality; produced by Lighthouse Studios.

Florida Youth – Reserved, a 6-minute film about connection and familiarity in spite of the difficulties life throws at us; directed by Hannah Cheesman.

Florida Adult – My Father's Fabulous Funeral, a quirky 15-minute comedy about a dysfunctional family struggling to give their oddball father a fitting funeral despite the difficulties presented by their obnoxious stepmother; directed by Mark Stolzenberg and produced by Mark Schulman, Judy Copeland, Mark Stolzenberg and Eric H. Alexander.

Short Animation – Tiffany, in which a young woman mourning the death of her beloved grandmother realizes there is joy in celebrating the legacy of those who've



JoJo Rabbit captured the People's Choice award photo courtesy www.artswfl.com

been lost; directed by Christina Christie and produced by the University of Central Florida's School of Visual Arts and Design.

Featured Animation – Early Man, which tells the story of Dug and his sidekick Hognob who seek to unite their tribe against a mighty enemy, Lord Nooth, during prehistoric times; directed by Nick Park; written by Mark Burton and James Higginson; and starring Eddie Redmayne, Tom Hiddleston and Maisie Williams.

Short Documentary – Walk On, a 10-minute documentary that tells the

story of Kendra Johnson who has learned to overcome disabilities attributable to a genetic disorder known as arthrogryposis through her interactions with the staff and horses at the Naples Therapeutic Riding Center; directed by Ethan Downing and Vincent DeLuca and produced by Big Pup Film.

Featured Documentary – If the Dancer Dances, a 1 hour and 23 minute documentary that follows a group of New York City's top modern dancers as they reconstruct an iconic and mysterious work by legendary composer Merce Cunningham; directed by Maia Wechsler and starring Davalois Fearon, Gino Grenek and Meg Harper.

Short Narrative – Tiger Claw, a 13-minute film from the U.K. in which a trio of kung fu enthusiasts on their way to a regional tournament must decide whether to fight for the Golden Dragon Trophy or fight for justice when they witness a small scale jewelry heist; directed by James Cotton and produced by Stephanie Paeplow and James Cotton.

Featured Narrative – Corpus Christi, a 1 hour and 55 minute Polish film about a man named Daniel who decides to minister a small town parish after experiencing a spiritual transformation in a detention center in spite of being disqualified from the seminary because of his criminal record; directed by Jan Komasa; written by Mateusz Pacewicz; and starring Bartosz Bielenia, Aleksandra Konieczna and Eliza Rycembel.

Tom Falciglia People's Choice – JoJo Rabbit, a 1 hour and 48 minute Oscar-nominated dramedy shot in New Zealand and the Czech Republic about a lonely German boy who must confront his blind nationalism during World War II after he discovers that his single mother is hiding

a Jewish girl in their attic; directed by Taika Waititi; written by Taika Waititi and Christine Leunens; starring Roman Griffin Davis, Thomasin McKenzie and Scarlett Johansson.

This year, BIFF received 129 submissions and juried 70 films into the festival, including feature films, six documentaries and five shorts packages that were presented over the course of the festival's four-day run.

The theme of this year's edition of the festival was finding and expressing voice in film and music, and to underscore that message, the festival's opening film was *Wild Rose* – a stirring yet refreshingly unsentimental tale of a single mom from Glasgow with ambition and pipes to match who must choose between her children and the country music career she covets with every fiber of her being.

When I Sing served as the festival's closing night film – a biopic that tells the story of singer/songwriter Linda Chorney, who must weather personal attacks on her integrity and credibility from music industry insiders who resent her Grammy nomination in the Americana category in spite of operating independently of a label or any other professional representation.

This year's festival was made possible by dozens of volunteers and staff who served tirelessly alongside Film Society Chairman Frank Blocker, Festival 2020 Chairwoman Kathy Saldivar and Committee Members Roger and Leslie Frick.

*Tom Hall is both an amateur artist and aspiring novelist who writes art quest thrillers. He is in the final stages of completing his debut novel titled Art Detective. A former tax attorney, he lives in Estero with his fiancé and their four cats.**

Big Brothers Big Sisters Fundraiser

Big Brothers Big Sisters of the Sun Coast-Lee County is holding its single annual fundraiser, Chefs Cooking For Kids - Enchanted Garden, at Burroughs Home & Gardens on Thursday, March 26 from 6 to 9 p.m. All funds raised benefit children facing adversity with professionally supported one-to-one mentoring.

This culinary extravaganza will feature top local restaurants and chefs who will showcase their culinary specialties, as well as a performance by Sheena Brook, a local singer/songwriter and former contestant on *The Voice*.

Area store owners, attractions, service providers and those providing one-of-a-kind experiences have joined together to offer a live and silent auction. Enterprise Rent-A-Car is the Master Chef Sponsor, while Seminole Casino is the sponsor for the VIP Party.

Participating chefs and restaurants include Artichoke & Company, Seminole Casino, Sassy's, The Roots of Society, Big Blue Brewing and Wicked Dolphin, Point 57 and Red Fish Point, King's Kitchen, G3 Catering, Fort Myers Brewing Company, Glory Days Cookie Council, Baking Your Ideas To Life, Harold's and Seed & Bean Market.

For more information, to purchase tickets or sponsorships, contact Ashley Kilmer at 451-6265 or akilmer@bbssun.org. Burroughs Home & Gardens is located at 2505 First Street in Fort Myers. Learn how to get involved with Big Brothers Big Sisters of the Sun Coast-Lee County at www.bbssun.org.*

St. Patrick's Day Trolley Event

The South Cape Hospitality and Entertainment Association (SCHEA) recently announced the 6th annual St. Patrick's Day Trolley Event will be held in South Cape Coral on Tuesday, March 17 from 7 to 11 p.m.

Guests can board a special fleet of trolleys and party buses as they stop at each participating location in this Irish-inspired pub crawl. Prizes are available along the way including a gift basket filled with Guinness, Jameson Irish whiskey, gift cards and tickets to future SCHEA events.

To purchase tickets and for event information, visit www.southcapeentertainment.com/upcoming-events/6th-annual-south-cape-st-patricks-day-trolley-event, email info@southcapeentertainment.com or call Pamela Hazelton at 900-4028. *

DANCE PARTY
2nd Saturday of the month! Ballroom, Latin, Swing. 6 p.m. lesson followed by open dancing.

Suzanne's
DANCE | FITNESS
Fitness with Flair @ Royal Palm Square

Boutique-style group exercise and dance studio. Unique classes, friendly and inviting atmosphere.

DANCE FITNESS
Cool moves, cool music, total body, low impact. Dance fitness, group exercise, contemporary movement, step aerobics, body sculpting.

SOCIAL DANCING
Foxtrot, waltz, rumba, cha-cha, tango, swing, and more! Private lessons, and beginner, intermediate, and advanced group lessons. No partner needed.

239.822.9226 • sdf@DanceSuzannes.com • www.DanceSuzannes.com
Royal Palm Square, 1400 Colonial Blvd. #27, Fort Myers

Beach Place Consignment

FURNITURE & ACCESSORIES

“We Buy or Consign”

20351 Summerlin Rd., Unit 113 (Inside Sanibel Beach Place)
239-437-4903 • beachplaceconsign@gmail.com

A scene from *Always a Bridesmaid*

photo provided

Off Broadway Palm Presents Comedy Romp

The Off Broadway Palm Theatre presents *Always a Bridesmaid* playing through April 19. This comedic romp comes from the Jones Hoop Wooten team which also brought *The Dixie Swim Club*, *The Hallelujah Girls*, *Mama Won't Fly* and *The Savannah Sipping Society*.

Always a Bridesmaid is about four

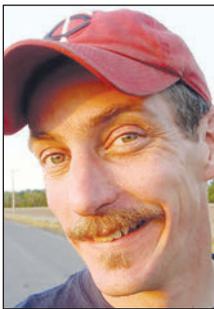
high school friends who promised to be in each other's weddings, no matter what. Over 30 years later, these Southern friends-for-life are still making "the long walk" for each other determined to honor that vow.

Performances are Tuesday through Sunday evenings with selected matinees. Ticket prices range from \$42 to \$62 with discounts available for children and groups of 20 or more.

The Off Broadway Palm is located at 1380 Colonial Boulevard in Fort Myers. For more information or tickets, call 278-4422 or visit www.broadwaypalm.com or drop by the box office.*

Storytelling Workshop With Award-Winner

submitted by Mary Lou Williams



Bill Lepp

The Alliance for the Arts will host a workshop and two performances featuring Bill Lepp, a nationally renowned storyteller and five-time champion of the West Virginia's Liars' Contest.

The workshop will be held on Friday, March 20 from 6 to 8 p.m., while a matinee storytelling performance will take place on Saturday, March 21 from 2 to 3:30 p.m. and the evening performance from 7 to 8:30 p.m.

Tickets are \$20 for Alliance members and \$25 for non-members. Tickets can be purchased by calling 939-2787 or online at www.artinlee.org.

Lepp's outrageous, humorous tall tales and witty stories have earned the appreciation of listeners of all ages and from all walks of life. Though a champion liar, his stories often contain morsels of truth that shed light on universal themes. Lepp can find humor in any situation. He explains that while his stories may not be completely true, they are always honest.

Lepp is the author of six books and 16 audio collections. A storyteller, author and

recording artist, his works have received numerous awards and recognition. Lepp was awarded the National Storytelling Network's Circle of Excellence Award. He has been featured 18 times at the National Storytelling Festival; performed at many major storytelling festivals, at the Smithsonian Folklife Festival and at Comedy Central's stage in Los Angeles, CA.

Do you make that up as you go along? This is a question Lepp is often asked, and the answer is a resounding "no." His process for creating stories involves an often long progression from thinking to writing to saying. While he doesn't spend a lot of time consciously memorizing his stories, by the time he takes the stage to tell a story for the first time, Lepp has a pretty clear idea of almost exactly what is going to happen. He leaves room for new ideas to creep into the tale as he is telling it, and he tries to leave the structure of the story loose enough that he can reorganize the details as he tells.

This workshop will help people better integrate the creation/presentation process so that the writing of a tale better complements the oral version, and the oral version is less dependent on the structure of the written version. Good storytelling is always an extension of the front porch or the supper table. Tales told in those venues are often spontaneous and unrehearsed, but still well told. The process Lepp will discuss in this workshop helps tellers create and tell stories as though they are extemporaneous or made up on the spot.

Alliance for the Arts is located at 10091 McGregor Boulevard in Fort Myers.*

SANIBEL Music FESTIVAL

2020 Classical Concert Series



Gould Trio with Robert Plane, Clarinet

Brahms: Clarinet Trio

Huw Watkins: Four Fables

Dvorak: Piano Trio in F minor

Saturday, March 21



Singing Andrew Lloyd Webber, Superstar of Song and Stage

by Opera Theater of Connecticut

Webber, one of the most successful composers of our times, is best known for his musicals *Jesus Christ Superstar*, *Cats*,

Evita, and *Phantom of the Opera*.

Tuesday, March 24



Emerson String Quartet

Haydn D Major, Op. 71 #2

Mozart D Major, K. 575 "King of Prussia"

Beethoven Op. 59 "Razumovsky" #2

Saturday, March 28

At Sanibel U.C.C. 2050 Periwinkle Way on Sanibel Island

Concerts 7:30 pm • Tickets: \$50 at

www.sanibelmusicfestival.org

or call 239-344-7025 or visit the box office

½ hour prior to performances.



Sanibel Music Festival is grateful for the support of Lee County Tourist Development Council

Along The River

The 6th annual **Southwest Florida Birding Seminar** will be held at **Florida Gulf Coast University** (FGCU) this Friday, March 13 and Saturday, March 14. The annual event explores the science and value of birds in Southwest Florida and beyond.

There will be field trips to local bird hot spots and birders of all levels are welcome. Friday activities are mainly field trips from 8 a.m. to 5 p.m. Saturday activities are from 8:30 a.m. to 4 p.m. at FGCU and include presentations from expert speakers about birds.

Registration is \$35 for both days, which includes a catered lunch on Saturday.

For more information, a schedule of events and to register for field trips, visit www.2020birdingseminar.eventbrite.com.

FGCU is located at 10501 FGCU Boulevard South in Fort Myers. For more information, contact Jason Boeckman, Conservation 20/20 coordinator, at jboeckman@leegov.com, or 204-1125.

Art Walks the Runway will be held at the **Sidney & Berne Davis Art Center** this Friday and Saturday, March 13 and 14. Cocktail hour begins at 7 p.m. and the show starts at 8 p.m.

On Friday, the show will feature a casual collection by Enjewel, casual and swimwear collection by Ocean View & 7th and A'Jar silk collection by Mariapia Malerba.

Saturday's finale runway brings international couture designs to Fort Myers. Take in the awe-inspiring haute couture by Kenneth Barlis, Diana Couture and Usama Ishtay.



March in the Park returns to Jaycee Park this Saturday

photo courtesy www.gardenclubofcapecoral.com

The Sidney & Berne Davis Art Center is located at 2301 First Street in the historic downtown Fort Myers River District. For tickets and more information, visit www.sbdac.com/awtr-2020 or call the box office at 333-1933.

There will be 45 professional fine artists during the 2nd annual **Babcock Ranch Art Show** in the Woodlea Hall Discovery Center this Saturday, March 14 from 10 a.m. to 4 p.m.

Admission is free to the family-friendly event, which features watercolor, oil and acrylic painting, sculpture, photography, metalwork, jewelry, ceramics, and wood and fiber art. Babcock Neighborhood

School students will also showcase their creativity.

Babcock Ranch's Woodlea Hall Discovery Center is located at 42850 Crescent Loop in Punta Gorda. For more information, call 877-709-6620 or visit www.babcockranch.com.

The 11th annual **March in the Park** will be held at **Jaycee Park** this Saturday, March 14 from 9 a.m. to 3 p.m. Admission and parking are free.

The plant and garden art sale is the major fundraiser of the Garden Club of Cape Coral. The benefit involves over 40 vendors, music, food, opportunity drawings, speakers, a kids booth and experts to answer any plant question you can come up with.

Jaycee Park is located at 4125 SE 20th Place in Cape Coral. For more information, visit www.gardenclubofcapecoral.com or contact Ginny Huffer at 257-2654 or huffmom5@aol.com.

Shredding Event In Cape Coral

The Pilot Club of Fort Myers and the Cape Coral Police Department are holding a shredding event at police headquarters on Saturday, March 28 between 9 a.m. and noon.

Oasis JROTC cadets will be on hand to help drivers unload their boxes to be shredded; the boxes can be returned if desired. Shredding will occur on site. Cape Coral Police Department Explorers will help direct traffic.

All proceeds of the event will be donated to the Cape Coral Project Lifesaver Programs and the Pilot Club. Donations of \$5 per box to be shredded are suggested. There should be no binder clips or paper clips attached to paper being shredded. Commercial boxes will not be accepted.

The Project Lifesaver is a partnership of the Cape Coral Police Department and the Pilot Club of Fort Myers. The club is a major source of income to support the program. This is a program where equipment is always in need of replacement due to wear and tear and advancements in technology. Individuals

who tend to wander wear a personalized wristband that emits a tracking signal.

When caregivers notify the Cape Coral Police Department that the person is missing, a search and rescue team responds to the wanderer's area and starts searching with a mobile locator tracking system. Search times have been reduced from hours and days to minutes. A representative of the police department maintains contact with the individuals and personally changes batteries in the bracelet as they are needed.

Unfortunately, the need for this program will not dwindle with time, but increase due to the growing number of people diagnosed with Autism, ASD, Alzheimer's disease and Dementia. The need for additional equipment will continue to increase. The families of those who fall into one of these categories often do not have the money to purchase the needed equipment so the help provided by the Pilot Club through financial support goes a long way.

The Cape Coral Police Department is located at 1100 Cultural Park Boulevard in Cape Coral.*

From page 1

Theatre Conspiracy

He's obsessed with planting seeds in the yard where nothing grows. He says, "Dirt is dirt. A seed supposed to grow in dirt." This is the perfect metaphor for his life and for the general African-American experience of the time.

The play follows King who is desperately trying to make \$10,000 to open a video store by selling stolen refrigerators with his best friend, Mister (Lemore Bernard), and Ruby's ex-lover, Elmore (Dwayne Donnell). His bible-quoting neighbor, Stool Pigeon, is played by Cicero McCarter III. There are many outstanding moments, including a scene between Tonya and King where she talks about having an abortion because she doesn't want to bring another child into a world where you have to fight to keep them alive. Another is when King explains his trial for murder and how his actions ended up in a declaration of guilty by a jury that paid no attention to why he killed a man. In his mind, it was self-defense. He says, "I've got honor and dignity and no one's gonna take that from me."

Widespread gun violence becomes a timely and major element of *King Hedley II*. Even in calm moments, everyone has a gun or is buying one or selling one. We're told there are so many senseless gun deaths in the neighborhood that the undertaker can't keep up with all of them. This play packs a powerful, explosive ending. As the character Stool Pigeon says, "The story's been written. All that's left now is the playing out."

King Hedley II is a thought-provoking August Wilson play that explores what happens when black men feel worthless and black women feel forgotten. You will be moved by the performances and the message will last long after you leave the theatre. I highly recommend this production. Directed by Sonya McCarter, it plays through March 15 at Theatre Conspiracy, at Alliance for the Arts, located at 10091 McGregor Boulevard in Fort Myers. Tickets are available at www.artinlee.org or by calling 939-2787.*

UDDERLY GREAT FOOD!



THE ISLAND COW
UDDERLY GREAT FOOD

BREAKFAST LUNCH DINNER



CRAZY FULL LIQUOR TROPICAL DRINKS

2163 Periwinkle Way, Sanibel Island
239.472.0606 • SanibelIslandCow.com





Prize table

photo provided

Police Force Auction Benefits Student Program

The Fort Myers Police Department's COACH (Community Outreach to Achieve Change on the Homefront) program held a fundraiser and silent auction at Millennial Brewery recently and raised \$16,262.00. The money will be used to expand the program to help feed students over the weekends, during the

summertime and holidays. Backpacks are filled by volunteers with non-perishable items that are sent home with deserving children.

Donations from local and regional businesses and individuals included of airline tickets, outdoor grills, vacation getaways and event tickets. Hundreds of supporters attended to bid on items and guarantee that more children in our local schools and community will have food and clothing.

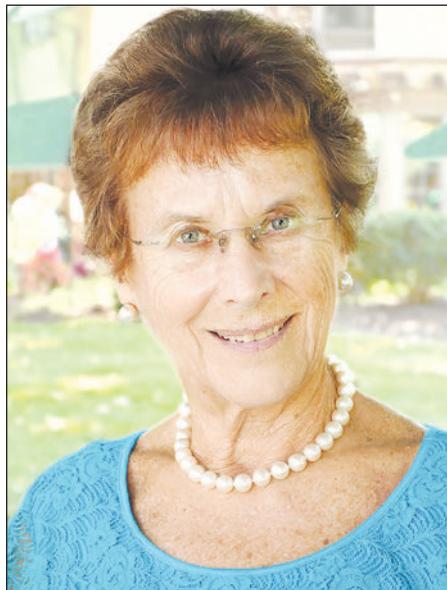
For more information on COACH, contact Sgt. Jacquelyn Garrett by email at jgarrett@fmpolice.com.✪

Holocaust Survivor To Speak At FSW

Irene Skolnick, a member of Bat Yam Temple of the Islands on Sanibel, will speak about her personal experiences surviving the Holocaust in Room 102 of Building U at Florida SouthWestern State College (FSW) on Tuesday, March 24, at 9:30 a.m. There will also be a round table luncheon at 12:30 p.m., at which students will be able to meet and speak to Holocaust survivors, including Skolnick.

Skolnick was born in Poland to a Jewish family and was 2 years old when World War II broke out in 1939. She and her family survived the Holocaust by changing their identity and passing themselves off as Catholics to the Nazis and to the Russian communists. She will describe the daily challenges of survival faced by her family until WW II ended in 1945.

After the war, the family emigrated to France and then came to the U.S. in 1952. Skolnick graduated from Brooklyn College with a bachelor of science degree in chemistry and from Columbia University with a masters degree in library service. After moving to Pittsburgh, Pennsylvania, she added a master of business administration degree from the University of Pittsburgh and then co-founded a medical manufacturing company, which was sold in 1998. She



Irene Skolnick

photo provided

and her husband, Leon, split their time between Sanibel and Pittsburgh.

Skolnick wrote about her war experiences in the published book *In the Shadow of Majdanek – a Holocaust Survival Story*.

Holocaust Memorial Week will be observed at FSW from March 23 to March 27. This year's theme is Camp Liberation: 75 Years On. Events are free and open to the public.

FSW is located at 8099 College Parkway in Fort Myers. For more information, visit www.fsw.edu/holocaust.✪

Ragtime Pianist To Perform

Shell Point Retirement Community will conclude the Concerts & Conversations program of its 2019-20 Fine and Performing Arts Series with a performance by ragtime pianist Peter Bergin in the Grand Cypress Room at The Woodlands at Shell Point on Wednesday, March 25 at 7 p.m. Tickets are \$30.

The Michigan-based ragtime artist has entertained audiences for over two decades. Classically trained, Bergin's mission is to celebrate life through music and stories. He especially loves sharing the rhythms and history of ragtime piano. Bergin brings ragtime to audiences all over the country as a testament to America's original popular music.

The Woodlands at Shell Point is located at 14441 Woodsong Lane in Fort Myers. For tickets, visit www.shellpoint.org/concerts or call 454-2067.✪



Peter Bergin

photo provided

DECORATING DEN INTERIORS®

Window Treatments . Furniture . Flooring . Lighting . Accessories . Closets



Providing Custom Interiors to Sanibel & Captiva for 30 years
Complimentary In-Home Consultation



695 Tarpon Bay Rd. Sanibel, FL 33957

239.472.6551

www.coin.decoratingden.com



Daniel Tiger at last year's Be My Neighbor Day

photo provided

Be My Neighbor Day Returns

WGCU's Be My Neighbor Day returns to the Myra Janco Daniels Public Media Center on Saturday, March 28. Festivities start at 9 a.m. and end at 1 p.m.

PBS Kids TV stars Daniel Tiger and Katerina Kitty cat will join local children as honored guests. Games, crafts, performers and other activities await in three neighborhoods inspired by Mister Rogers:

Meet the Helpers, Science & Environment, and Education & Creativity.

The free party includes giveaways and photo opportunities with the costumed characters. New this year is a character breakfast with Daniel and Katerina from 7:30 to 8:30 a.m. The fee is \$100 for a family of up to four and includes continental breakfast, membership in the WGCU Birthday Club, up to three personalized Junior WGCU membership cards and photo opportunities with the costumed characters. Breakfast will be held in the FGCU Cohen Center, 10501 FGCU Boulevard South in Fort Myers.

The presenting sponsor for Be My Neighbor Day is the Lee County Sheriff's Office. Parking is free for both events.

The list of exhibitors continues to grow. Already confirmed are the Lee County Sheriff's Office - Fingerprinting division, Pediatric Dentistry of Florida and Dr. Tim Verwest, Florida Gulf Coast University Police, Florida Highway Patrol, Golisano Children's Hospital Pediatric Ambulance, San Carlos Park Fire Department, Naples Botanical Garden, Conservancy of Southwest Florida, Collier County Parks and Recreation Department, Artis - Naples, Early Learning Coalition of Southwest Florida, Collier County Library System, Gulf Coast Girl Scouts, Kinderworld Academy, Alliance for the Arts, Headpinz and Sky Zone.

For more information and reservations for the character breakfast, call Anne Stavelly at 590-2329, email astavelly@wgcu.org or visit www.wgcu.org/events.

Free Seminar For Seniors

Peace Lutheran Church will be holding a free resource seminar and lunch for seniors and/or their caregivers at Peace Lutheran Church on Thursday, March 19 from 11:30 a.m. to 2 p.m. An RSVP is needed by March 17.

There will be a guest panel of professional senior aging specialists discussing important topics as it pertains to senior wellbeing. Topics for this

program will include the development of the new South Fort Myers Florida Senior Center as the center helps to meet the needs of South Fort Myers seniors. Other community resources available to seniors include senior safety programs, visual impairment resources, memory care support and education resources, home health, adult day stay, respite, assisted living questions, legal documents and financial planning, Elder Law, food resource programs and Medicare/Medicaid issues. There will be time for questions and plenty of literature and resource information will be available.

Peace Lutheran Church is located at 15840 McGregor Boulevard in Fort Myers. For more information, call Peace Lutheran Church at 437-2599.✪

Gulf Coast Writers To Meet

The Gulf Coast Writers Association will hold its monthly meeting at Zion Lutheran Church on Saturday, March 21 from 10 a.m. to noon.

Guest speaker Craig Handel will be giving a presentation. He is an author and business writer with over 40 years of experience writing for newspapers, including *The News Press*.

Zion Lutheran Church is located at 7401 Winkler Road in Fort Myers. First time guests are always free. For more information, call 770-906-7885 or visit www.gulfwriters.org.✪

Churches/Temples

ALL FAITHS UNITARIAN CONGREGATION
Service 9, and 11 a.m. Children's RE, Adult Education Forum 10 a.m., www.allfaiths-uc.org, 2756 McGregor Boulevard, 226-0900.

ALL SAINTS BYZANTINE RITE CATHOLIC
Sunday 10:30 a.m., 10291 Bayshore Road, 599-4023.

ANNUNCIATION GREEK ORTHODOX
Sunday 9 and 10 a.m., www.annunciation.flgoarch.org, 8210 Cypress Lake Drive, 481-2099.

BAT YAM-TEMPLE OF THE ISLANDS
Friday Shabbat at 7 p.m. www.batyam.org, 2050 Periwinkle Way, 579-0296.

BETH YESHUA MESSIANIC SYNAGOGUE
Saturday 11 a.m. 15675 McGregor Boulevard, 437-3171.

BIBLESHARE
10 a.m. Sunday and 7 p.m. Tuesday, www.simplysimpleworship.com, 7050 Winkler Road, Suite 121, 437-8835.

BREAD OF LIFE MINISTRIES
Sunday 10:30 a.m. 16581 McGregor Boulevard, 267-3166.

CHABAD LUBAVITCH ORTHODOX
Friday 6:30 p.m., www.chabadswf.org, 5620 Winkler Road, 433-7708.

CHAPEL OF CYPRESS COVE
Sunday 10 a.m., www.revtedalhouse@aol.com, 10200 Cypress Cove Circle, 850-3943.

CHURCH OF THE CROSS
Sunday 9:15 and 10:45 a.m. 13500 Freshman Lane, 768-2188.

CONGREGATIONAL
Sunday 10:30 a.m., www.taecc.com, 1619 Llewellyn Drive, 334-4978.

COVENANT PRESBYTERIAN
Sunday 10 a.m. 2439 McGregor Boulevard, 334-8937.

CROWN OF LIFE LUTHERAN CHURCH AND CHRISTIAN ACADEMY
Sunday 8 and 10:45 a.m. Jan 1 - Easter; 9 a.m. after Easter - Dec 31. www.crownoflifelutheran.com. 5820 Daniels

Pkwy, 482-2315.
CYPRESS LAKE BAPTIST
Sunday 9:45 and 11 a.m., 7 p.m.; Wednesday 6:30 p.m. 8400 Cypress Lake Drive, 481-5442.

CYPRESS LAKE PRESBYTERIAN
Sunday 8, 9, 10 and 11 a.m. www.clpc.us, 8260 Cypress Lake Drive, 481-3233.

CYPRESS LAKE UNITED METHODIST
Sunday 8, 9:30 and 11 a.m. 8570 Cypress Lake Drive, 482-1250.

FAITH UNITED METHODIST
Sunday 8:45 and 10:30 a.m., 15690 McGregor Boulevard, 482-2030.

FIRST CHURCH OF CHRIST, SCIENTIST
Wednesday 12 noon Testimony Service, Sunday 10:30 a.m., www.christiansciencefortmyers.net, www.christianscience.com. 2390 West First Street, 334-6801.

FIRST CHURCH OF THE NAZARENE
Sunday 10:30 a.m. and 6 p.m., 13545 American Colony Boulevard, 936-2511.

FIRST UNITED METHODIST CHURCH
Sunday 9:30 a.m. and 5:30 p.m. www.fumcftmyers.org, 2466 First Street, 332-1152.

FORT MYERS CHRISTIAN
Sunday 10:30 a.m., 5916 Winkler Road, 437-4330.

FORT MYERS CONGREGATIONAL UNITED CHURCH OF CHRIST;
Sunday 10 a.m., 8210 College Parkway, 482-3133.

FIRST PRESBYTERIAN CHURCH OF FORT MYERS
11 a.m. Sunday, www.fpcfmyers.org, 2438 Second Street, 239-334-2261

IONA-HOPE EPISCOPAL CONGREGATION
Saturday 5 p.m.; Sunday 8 a.m. and 9:30 a.m.; Tuesday 9:30 a.m.; Wednesday 9:30 a.m., 9650 Gladiolus Drive, 454-4778.

JESUS THE WORKER CATHOLIC
Friday and Saturday, 7 p.m.; Sunday 8, 10 a.m. and 6 p.m., 881 Nuna Avenue, 481-1143.

KINGDOM LIFE
Sunday 10:30 a.m., 2154 McGregor

Boulevard, 218-8343.

LAMB OF GOD
Sunday 7:45 and 10 a.m., www.lambofgodchurch.net, 19691 Cypress View Drive, 267-3525.

NEW BEGINNINGS CENTER
Friday 6:30 and 7 p.m. nbcministry@embarqmail.com, facebook.com/nbcministry, 8505 Jenny Cae Lane, 656-0416.

NEW COVENANT EYES
Monthly 9 a.m., www.newcovenanteyes.com, 1900 Park Meadows Drive, 220-8519.

NEW HOPE BAPTIST
Sunday 11 a.m.; Wednesday 7 p.m. 16120 San Carlos Boulevard, Unit 10, 985-8503.

NEW HOPE PRESBYTERIAN
Sunday 8, 9:30 and 11 a.m., www.newhopefortmyers.org, 10051 Plantation Road, 274-1230.

PEACE COMMUNITY
Sunday 10:30 a.m. www.peacecommunitychurch.com, 17671 Pine Ridge Road, 267-7400.

PEACE LUTHERAN
Sunday 8 and 10 a.m., www.peaceftmyers.com, peace@peaceftmyers.com. 15840 McGregor Boulevard, 437-2599.

REDEEMER LUTHERAN
Sunday 8:15 and 10:15 a.m. 3950 Winkler Ext., 274-0143.

RIVER OF LIFE ASSEMBLY OF GOD
8, 9:45 and 11:30 a.m., 21580 River Ranch Road, 495-0400.

SAMUDRABADRA BUDDHIST CENTER
Meditation classes. www.MeditationInFortMyers.org. 567-9739.

SAINT COLUMBKILLE CATHOLIC
Monday through Saturday 8 a.m.; Saturday 3 and 5 p.m.; Sunday 7, 9 and 11 a.m., 5:30 p.m., 12171 Iona Road, 489-3973.

ST. FRANCIS XAVIER CATHOLIC
Monday through Thursday 6:45 a.m.; Friday 6:45 and 11 a.m.; Saturday 4 p.m.; Sunday 6:45, 9:30 and 11 a.m., 2157 Cleveland Avenue, 334-2161.

SAINT JOHN THE APOSTLE

METROPOLITAN
Sunday 10 a.m., 3049 McGregor Boulevard, 344-0012.

SAINT MICHAEL LUTHERAN
Saturday 5:30 p.m.; Sunday 8 and 10:45 a.m., 3595 Broadway, 939-1218.

SAINT NICHOLAS MONASTERY
Sunday 9:30 a.m., www.saintnicholasmonastery.org, 111 Evergreen Road, 997-2847.

ST. VINCENT DE PAUL CATHOLIC
Tuesday through Friday 9 a.m.; Saturday 4 p.m.; Sunday 9 and 11 a.m., 13031 Palm Beach Boulevard, 693-0818.

SOUTHWEST BAPTIST
Sunday 11 a.m.; Wednesday 6 p.m., 16940 McGregor Boulevard, 454-3336.

TEMPLE BETHEL SYNAGOGUE
Friday Shabbat 7:30 p.m.; Torah Saturday 9 a.m.; Religious School Wednesday 5:30 p.m. and Sunday 9:30 a.m., www.templebethel.com, 16225 Winkler Road, 433-0018.

TEMPLE JUDEA (CONSERVATIVE)
Friday 6:30 p.m. and Saturday 9 a.m., www.tjswfl.org, 14486 A&W Bulb Road, 433-0201.

THE FAITH CENTER
Sunday 9 and 10:30 a.m., Thursday 7:15 p.m., 17650 South Tamiami Trail, Suite 212, 278-3638.

THE NEW CHURCH
Sunday 11 a.m., www.newchurchflorida.com, 10811 Sunset Plaza Circle #401, 481-5535.

UNITARIAN UNIVERSALIST
Sunday 10:30 a.m., www.uucfm.org, 13411 Shire Lane, 561-2700.

UNITY OF FORT MYERS
Sunday 10 a.m., www.unityoffortmyers.org, 11120 Ranchette Road, 278-1511.

WESTMINSTER PRESBYTERIAN CHURCH
Sunday 9:30 and 10:45 a.m., 9065 Ligon Court, 481-2125.

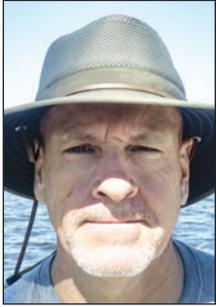
WORD OF LIFE
Sunday 10 a.m., Wednesday 7 p.m., 2120 Collier Avenue, 274-8881.

ZION LUTHERAN
Sunday 8, 9:30 and 10:45 a.m., www.zionfml.org, 7401 Winkler Road, 481-4040.✪

CROW Case Of The Week:

Gopher Tortoise

by Bob Petcher



The gopher tortoise (*Gopherus polyphemus*) is one of five species of North American tortoise and the only one to be found naturally east of the Mississippi River. This

terrestrial reptile is listed as a threatened species in Florida.

While sea turtles have flippers, gopher tortoises have feet – flattened, elephant-like hind feet and thick, scaly forelimbs that can dig burrows with shovel-like efficiency. In fact, the life of a gopher tortoise revolves around its burrow where it reportedly spends up to 80 percent of its time. Burrows also offer shelter from predators to burrowing owls, mice, indigo snakes, rabbits, gopher frogs and invertebrates.

Since these burrows are critical for the overall structure and function of an ecosystem, with a positive influence on the animals that make up that ecosystem, gopher tortoises are kindly regarded as a keystone species.

“Keystone species are defined as ‘a species on which other species in an ecosystem largely depend, such that if it were removed the ecosystem would change drastically.’ Gopher tortoises are a keystone species in that their burrows



Patient #20-556 has a lot of hardware to keep its shell in place photo by Brian Bohlman

are widely utilized by other animals, diversifying habitat opportunities for local wildlife,” said Dr. Mariah Lancaster, CROW veterinary intern.

One can differentiate a male from a female by its shell. Adult males possess a concavity on their lower shell, while adult females will have a flat lower plastron.

At CROW, an adult female gopher tortoise was admitted from Cape Coral. The tortoise had several fractures which led staff to believe it had been hit by a car. The fractures, one running from the right side to the top of the shell, one running along the right side and a depression fracture where the two met, were heavily contaminated with dirt

and debris. The wounds were flushed, cleaned and bandaged, and the tortoise was provided with pain medication.

“A depression fracture is when a piece of bone has broken away from the shell, but is still attached to the underlying tissues, which causes it to fall away from the upper shell and create a ‘depression,’” said Dr. Lancaster.

Surgery was performed to place screws, brackets and wire to hold the fractures together and raise the depression fracture so it could heal in place.

“This depression fracture was elevated to meet the shell using a metal bar. The bar was hand-shaped to form a curved,

handle shape above the fracture and was screwed onto the healthy shell,” said Dr. Lancaster. “The fragment was elevated by placing a central screw which was then tied to the bar.”

In all, the hardware used on the patient included one metal arch to elevate the depression fracture, one set of metal brackets and eight to 10 screws to wire the shell together.

“The assembly will be in place a minimum of four weeks, but with this level of displacement, we’ll likely be reassessing at one month,” said Dr. Lancaster. “Then, we may begin staged reduction – slow removal of the hardware – at about six to eight weeks to allow for more thorough shell healing.”

After more than two weeks at the clinic, the tortoise continues to receive wound care and bandage changes to help the fractures heal.

“The patient is doing well, though the complexity of the fracture may require additional procedures in the coming days to weeks,” said Dr. Lancaster.

“The depression fragment will need to be removed if it does not begin to heal to the healthy bone, and then the skin underneath will need to form scar tissue before the turtle will be ready for release.”

CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to P.O. Box 150, Sanibel, FL 33957. Call 472-3644 or visit www.crowclinic.org.*

Lahaina Realty | Live the Gulf Coast Dream

UPDATED PELICAN WATCH CONDO

NEW



2BD/2BA + den beach front condo. Remodeled kitchen w/granite counter tops & SS appliances. Updated baths. Under building parking. Unobstructed sunset & Gulf views.

MLS# 220013383 \$779,500

GORGEOUS DIRECT GULF VIEWS

NEW



2BR/2BA Carlos Pointe. Tastefully turnkey furnished. Updated kitchen & baths. Plantation shutters. Impact sliding doors. Great weekly rental history. 2020 rentals in place.

MLS# 220015220 \$469,900

SPACIOUS BELLA LAGO CONDO

NEW



2BD/2BA + den condo across the street from the beach. Updated w/ bamboo flooring, granite counters, SS appliances, & storm shutters. Active community. Great rental opportunities.

MLS# 220016428 \$439,000

WATERSIDE CONDO THAT HAS IT ALL

NEW PRICE



Beautiful bright corner turnkey furnished condo. Updated kitchen. 1810 sq. ft. w/lanai & terrace. Gated community w/ resort style amenities. Don't miss your opportunity.

MLS# 219072997 \$469,000

HIDDEN BAYFRONT RETREAT

NEW PRICE



Feel's like your own private island. 6BD/5BA w/ separate guest suites & a full apartment. Recent renovations. Multiple observations decks, covered lift & heated pool.

MLS# 219071158 \$2,595,000

MUST SEE AT FAIRVIEW ISLES

NEW PRICE



2BD/2BA condo just across the street from the beach. Renovated in 2017. Carpet in living areas. Glass enclosed lanai, granite & quartz counter tops. Views of the pool & green area.

MLS# 220003108 \$334,500

Servicing Lee and Collier Counties for over 50 years.

239-463-0000 • www.fmbsun.com • sales@fmbsun.com

6035 Estero Blvd., Fort Myers Beach, FL 33931



Timing During Winter Is Everything



by Capt. Matt Mitchell

Cold fronts over the past month have rolled through like they are on a regular weekly bus schedule. During the last three weekends in a row, we have been blown off the water for a few days. When I wake up and check the live time at redfish pass and the wind is sustained at 25 mph with gusts over 30 mph, it's a simple decision to make... we have to cancel.

I cannot repeat enough that timing during our winter months is everything for catching fish. This exact same pattern will play out again this week. Following this last cold front and the sudden drop in our water temperature, sheepshead will be on fire again for a few days. Then, we will begin catching shiners and start to mix it up with a few snook and redfish along with the sheepshead. As the water temperature creeps back into the low 70s, the snook and redfish bite will turn on as the next cold front approaches. This is our usual cycle.

If you are down here on vacation for a week, I would strongly suggest making your plans or booking your fishing as early in your trip as possible. Having to cancel charters due to weather happens quite often during this time of year. If you are able to reschedule just a few days later after the weather has passed through, that will be the difference between getting out or wishing you were fishing.

If we find a few hot sheepshead spots, that will put lots of meat in your cooler this week. During the cooler mornings, we usually start our day catching enough sheepshead for the clients to have a good meal before switching up the target species. One specific dock was my money spot as we put over 40 keeper-sized sheepshead in the cooler. This bounty included one memorable 21-inch "Sheepzilla," the largest one on my boat so far this winter.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions, email captmattmitchell@aol.com. ✨



While out fishing on his birthday, Steve from Indiana got in on a crazy pre-front bite by catching snook and reds while out with Capt. Matt Mitchell photo provided

BOAT RENTALS
 Fishing • Cabbage Key
 Dolphin Watching
 Captains Available
472-5800
 Jensen's Marina
 Captiva Island

CLEAR YOUR GEAR™
 It Catches More Than Fish
 Lead is toxic.
 Choose non-lead weights

CLEAR YOUR GEAR™

CAPT. MATT MITCHELL

Light Tackle Sport Fishing
 Tarpon • Snook
 Redfish & More

C: (239) 340-8651
www.captmattmitchell.com
 email: captmattmitchell@aol.com

Send Us Your Fish Tales

We would like to hear from anglers about their catches. Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include a photograph with identification. Email to press@islandsunnews.com or call 395-1213.



ISLAND MARINE SERVICES, INC.

- NEW MOTOR SALES • REBUILT POWERHEADS •
- FACTORY TRAINED •

MERCURY - MARINER - JOHNSON - EVINRUDE
 SUZUKI - YAMAHA - OMC - I/O'S - MERCUISER

*Courteous Professional Marine Repair Service • Dockside Service
 Serving Sanibel & Captiva For Life*

472-3380 • 466-3344

Your Bottom Specialist
Call on Paint Prices



Plant Smart

How Flowers Shape Up

by Gerri Reaves

Observing how flowers are put together can add a new dimension to gardening.

Flowers come in a startling variety of shapes, but fortunately, many shape names are obvious, so it's easy to learn the basics.

Some of the more common are funnel-, trumpet-, bowl-, or saucer-shaped.

There's also tubular, like coral honeysuckle's (*Lonicera sempervirens*) butterfly- and hummingbird-attracting flowers.

Native fetterbush (*Lyonia lucida*) epitomizes the term bell-shaped, also called campanulate, a Latin word meaning bell-shaped.

Cruciform is cross-shaped, and stellate clearly means star-like. Native lignum vitae, or tree of life (*Guaiacum sanctum*), is an example of star-like flowers, as is red pentas (*Pentas lanceolata*), a Florida-friendly favorite for butterfly gardeners.

Less familiar terms are salverform, a long thin tube topped by a flat flower, and urn-shaped, or urceolate.

The more obscure botanical names for lipped, pea-shaped and strap-shaped are labiate, papilionaceous and ligulate, respectively.



Native coral honeysuckle's tubular flowers attract butterflies and hummingbirds

photos by Gerri Reaves

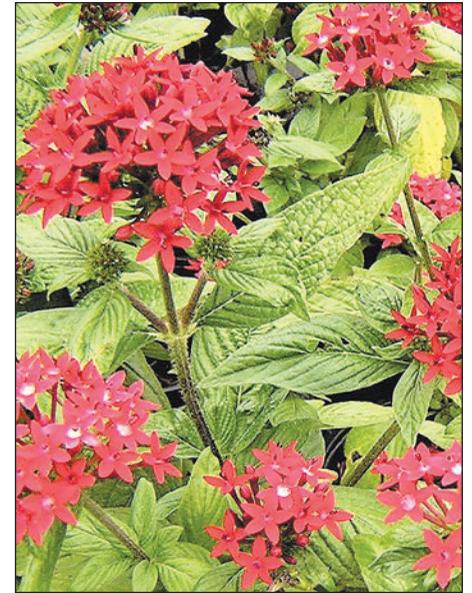
These are the basic ones. However, bear in mind that differences can be subtle or ambiguous (eg, saucer versus bowl), and that flowers might combine more than one shape.

For example, in the word of flowers, the presence or lack of petal flare on a funnel or trumpet can make a difference in classification.

Plant Smart explores the diverse flora of South Florida.✽



Native fetterbush's flowers resemble a row of bells



Lignum vitae and pentas have star-like flowers, despite their very different petal shapes



REMARKABLE *Beauty*. INCOMPARABLE *Quality*.

Your one-of-a-kind home, on the lot of your choosing, can start to become reality today. Our custom homes are classically beautiful on the outside with modern amenities within and are always built to suit your unique needs. You can choose from more than 20 unique floor plans or design a wholly original home. Start the process today!

Explore floor plans and more at DanielWayneHomes.com. CGC034850



From left, Marty Harrity, Alison Charney Hussey, Eric Hines, Katy Forret and Jeremy Ginsburg photo provided

Doc Ford's Gives Back To Clinic For Wildlife

Doc Ford's Rum Bar & Grille recently donated their CROW Bucks from the 2019 Taste of the Islands back to the Clinic for the Rehabilitation of Wildlife (CROW) to further CROW's mission.

CROW Bucks, which are spent by patrons at the event, are typically split between the restaurant and CROW. Brenda and Marty Harrity, owners of Doc Ford's Rum Bar & Grille, chose to reinvest their share in CROW's mission to save wildlife through state-of-the-art veterinary care, research, education and

conservation medicine.

"Doc's has long supported CROW, and we are proud to do so again this year," said Marty Harrity.

CROW's signature fundraiser, Taste of the Islands, is one of Sanibel's longest running events with the 39th edition coming this November.

"We are honored to have such great community partners like the Harritys and the staff at Doc Ford's," said Alison Charney Hussey, executive director for CROW. "Their continued support makes Taste of the Islands a great event for everyone and helps ensure we can provide the best care for our wildlife patients."

To make a donation to CROW, visit www.crowclinic.org/donate/donate-today.*

Help Monitor Turtle Die-Offs Due To Virus

A fatal viral disease continues to impact Florida freshwater turtles, and the Florida Fish and Wildlife Conservation Commission (FWC) asks the public to assist the ongoing investigation by reporting sick and dead turtles.

Beginning in the St. Johns River watershed region in 2018, virus-associated turtle mortalities have apparently expanded to the Kissimmee Chain of Lakes in 2020. Researchers continue to receive reports of sick and dead turtles from Brevard County. Additional turtle mortalities have been reported from Orlando, Lakeland and the Lake Wales region (eg Lake Kissimmee and Tiger Lake). The FWC is collaborating with wildlife rehabilitation centers statewide in the submission of samples from Florida softshell turtles and cooters (Peninsula and Florida red-bellied) for testing.

A turtle may be sick if you observe it at the water's edge with its neck stretched out on the ground, the turtle

is reluctant to move when approached and the turtle's eyes are swollen or remain closed.

As part of the ongoing research, the FWC is asking the public for help by taking the following actions:

Report sightings of sick or dead turtles to the FWC by calling the Turtle Hotline at 352-339-8597 or through the FWC Reporter App. Photos can be uploaded via the Reporter App and will aid researchers in turtle species identification and condition.

Do not touch or attempt to move sick turtles.

To avoid spreading the virus, do not capture, transport or release freshwater turtles, even those that appear healthy, to new locations.

Do not eat turtles that appear sick or unhealthy.

This project is funded in part by a grant from the nonprofit Fish & Wildlife Foundation of Florida via proceeds from the Conserve Wildlife license plate. Since its founding, the foundation has raised and given away more than \$43 million for conservation, outdoor recreation and youth programs, and camps. For more information, visit www.wildlifeflorida.org or call 813-358-8058.*

CROW Series Focuses On Wolves

The Clinic for the Rehabilitation of Wildlife (CROW) weekly Speaker Series continues in the CROW Visitor Education Center with Shy Wolf Sanctuary: Reconnecting People and Wildlife through Education on Tuesday, March 17 at 4:15 p.m. Theresa Schultz, education coordinator for Shy Wolf Sanctuary, will provide the presentation.

Shy Wolf Sanctuary provides refuge and rehabilitation to non-releasable wild and captive-bred exotic canines, including wolves and wolfdogs. The team works diligently to share the message of preserving wolves in natural ecosystems, respecting wild and captive-bred exotics and encouraging coexistence with wildlife.

Admission is \$10 for adults, \$5 for teens (ages 13 to 17) and no charge for children ages 12 and under. Space is limited and events do sell out, so advance registration is recommended.

CROW's 2020 Speaker Series presented by LCEC features weekly one-hour talks and runs through April 14.

The CROW Visitor Education Center is located at 3883 Sanibel-Captiva Road. For a full schedule of talks, more information or to register, visit www.crowclinic.org/articles/2020-speaker-series-presented-by-lcec.*



A wolf at the sanctuary photo provided

Invasive Plants At Preserve To Be Removed

The Lee Board of County Commissioners recently approved a contract to remove invasive plant species within about 506 acres of the Six Mile Cypress Slough North.

The \$157,354 contract, with EarthBalance Corp., is to remove species such as melaleuca, Brazilian pepper, guinea grass and Caesar weed inside Six Mile Cypress Slough North Preserve.

The Six Mile Cypress Slough North, 11400 Luckett Road, is a Conservation

20/20 preserve and encompasses 1,219 acres. The preserve includes pine flatwoods, oak hammocks and cypress swamps. Nearly eight miles of hiking and equestrian trails are open to the public.

Conservation 20/20 is Lee County's environmentally sensitive land acquisition and management program. There are 30,000 acres of conservation land protected in Lee County through the program. The program was established in 1996 through a non-binding voter referendum and reaffirmed at the ballot box in 2016, receiving 84 percent majority support from Lee County voters. Lee County manages 49 Conservation 20/20 preserves.

For more information, call 533-7400 or visit www.conservation2020.org.*

From page 1

Shrimp Festival

Elementary School to Lynn Hall Memorial Park, which will serve as the festival grounds. Matanzas Pass Bridge will close at 9 a.m., so arrive early. Trophies will be awarded in 10 categories.

On Sunday, the 6th annual Shrimp Festival Shrimp Eating Championship will be held in the park on Sunday at 1 p.m. The contest will feature up to 10 sponsored contestants who will compete to eat as many pounds of cooked and peeled Fort Myers Beach pink shrimp within eight minutes. The winner is the one who eats the most in the allotted time.

At 2 p.m., the Queens Pageant at Lynn Hall Memorial Park features girls ages 16 to 20 in competition to become this year's Shrimp Festival Queen. Each contestant receives a gift. Trophies and/or prizes will be awarded to the winner of

each of the following categories: Queen; first runner-up; second runner-up; Miss Personality; Miss People's Choice (voted on via donations from the public); Miss Congeniality (voted on by participants); and Miss Photogenic (judged on official photos).

The festival grounds, highlighted by an art fair and food expo, will be open on Saturday and Sunday from 10 a.m. to 5 p.m. More than 100 vendors will be on site, including the Beach Lions Shrimp Boil booth serving shrimp provided by local shrimp boats until supplies run out.

The Fort Myers Beach Shrimp Festival raises tens of thousands of dollars for charities who help with local eye surgeries, scholarships for area students, Florida Lions Eye Bank, Southeastern Guide Dogs, large print books for the local library, little league and youth soccer, Beach Elementary School and Cypress Lake High School student needs.

For more information, visit www.fortmyersbeachshrimpfestival.com.*



FOR WHEN YOUR **PASSION**
OUTGROWS YOUR GARAGE



Prices at Island Storage Suites may only go up from here, so race over and reserve yours right away! Phase 2 is totally sold out and we expect Phase 3 to go even faster.

These secure, discreet, climate-controlled, garage-style storage suites allow you to keep, preserve and enjoy your most prized possessions—in surroundings you can personalize and outfit as THE ultimate man cave. Get yours today before the price gets jacked!

CLAIM YOUR *CAVE* BEFORE IT'S GONE!

CLIMATE-CONTROLLED, CUSTOMIZABLE MAN CAVES

239.771.8651 • ISLANDSTORAGESUITES.COM

10950 OLD SOUTH WAY, FORT MYERS, FLORIDA 33908

Superior Interiors

Position And Style Coffee Tables And Ottomans

by Trinetta Nelson



People often pay close attention to the sofas, chairs and other seating arrangements in the living and family rooms, but what about the ottomans and coffee tables? Often overlooked,

these pieces of furniture can help bring each space together, offering a place to set a morning cup of espresso or store cozy accessories like throw blankets and accent pillows.

If currently on the verge of rearranging or sprucing up your living space, consider paying closer attention to your coffee tables and ottomans. These pieces of furniture can add the touch of style and comfort that you've been craving. There's no getting around the fact that the coffee table belongs near furniture. After all, its main objective is to offer convenience in holding beverages, books and gorgeous accessories to display in your living space. If you need help decorating the surface of your coffee table, consider the following tips:

Grab something square – To add foundation to your arrangement, use something square like a tray or book.

Add some height – Give your coffee table some height and dimension with a vase of flowers or candle sticks.

Give it some life – Add a plant or other natural accessory to make the space livelier.

Use different shapes – Add something round or of an irregular shape to grab attention.

Remember, you can always switch up the coffee table decor. Just keep these tips in mind when you're coming up with a new arrangement.

There's nothing quite like sitting back in your favorite chair after a long, busy day, but an ottoman to rest your feet would make this lounge space much cozier and inviting. While usually used as a place to kick up your feet, ottomans aren't only subject to that task, you can use it for storage or even as a substitute

for the coffee table if you want to take a nontraditional route.

An ottoman is often an underappreciated living room staple. This piece of furniture is a multipurpose gem, it can be used as a cocktail table substitute, a decorative footstool for a sofa, or offer space-saving storage. Decorate your ottoman just as you would accessorize your coffee table.

Placement of your ottoman should be based on how you plan on using it. Arrange this staple piece of furniture near your seated areas if you'll utilize the ottoman as a footrest. If you plan on using it to store living room accessories, the ottoman can go virtually anywhere – next to the sofa, in the corner of the room or adjacent to the entertainment system. If you're using the ottoman as more of a statement piece, place it between your seating arrangement to mimic a coffee table. From there, you can style it as you please. Add a tray for holding your beverages, books and other accessories, or keep it comfortable and drape your favorite throw blanket over the top.

*Trinetta Nelson is an interior designer on Sanibel/Captiva Islands and can be reached at linda@coindceden.com.**

Women's Club To Meet

The Montage Women's Club, a social and philanthropic club open to all women residing in Lee County, will hold a luncheon meeting at The Landings Yacht, Golf and Tennis Club on Thursday, March 26 at 11:30 a.m.

Featured speakers will be KC Schulberg, executive director of Calusa Waterkeeper, Inc., and John Cassani, a founding member of Calusa Waterkeeper and its current director. Schulberg and Cassani will speak regarding the current status of our local water quality issues.

Calusa Waterkeeper is a non-profit organization dedicated to the protection of the Caloosahatchee and estuary, Lake Okeechobee, Nicodemus Slough, Charlotte Harbor and Lee County beaches, through education and promotion of responsible use and enjoyment by all people.

Montage Women's Club is open to both year-round and seasonal residents.

The Landings Yacht, Golf and Tennis Club is located at 4420 Flagship Drive in Fort Myers. To RSVP, call 481-7765 by Thursday, March 19.*

Don't Fall For Coronavirus Email Scams

submitted by Sherry Young



For the last few weeks, it's been impossible to turn on the television or read a newspaper without seeing the headlines about COVID-19, also known as the Wuhan coronavirus. While the coronavirus is undeniably real, emails you receive about the disease are most likely a scam.

Just like the rest of us, scammers follow the headlines. They know what we're worried about. And right now, they're ready to take advantage of our concerns with emails alleging to be from the Centers for Disease Control and Prevention (CDC) or World Health Organization (WHO). These emails rely on fear and misinformation – both of which are in plentiful supply.

The intended targets of these fraudulent emails are often older adults. Because seniors are more vulnerable to diseases like the coronavirus, many are on high alert, and may be more tempted by these bogus messages.

Con artists started sending emails about the coronavirus in early February, with sensational subject lines, like "Coronavirus emergency in your city!" The emails provide bogus information, request illicit donations, promote sketchy investment opportunities and even contain phishing links or malware.

One common fake email promotes "safety measures" from a sender purporting to be the WHO. Recipients are urged to download coronavirus precautions. But instead, the download button contains a link designed to steal email passwords and other secure information.

There are basic rules you can follow to immunize yourself from these types

of scams. The most important ones? Don't click on email links from senders you don't know personally. Don't make donations or send money without doing the appropriate research. And don't believe everything in your inbox. Be skeptical. Like your mother always said, if something seems too good to be true, it probably is. If there were really a vaccine or cure for the coronavirus, don't you think it would be headline news?

Most importantly, if you're looking for legitimate information about the coronavirus, go directly to the sources. The CDC regularly updates information on its website at www.cdc.gov. Just click "Diseases and Conditions" on the homepage for the latest news. You can also visit the WHO's website at www.who.int. There, you will find coronavirus information under the "Emergencies" tab on the homepage.

You can also report these scam emails. Contact the Federal Trade Commission at 877-382-4357 (877-FTC-HELP) to make your report over the phone. To file a report online, visit www.ftc.gov/complaint.

Want more information on how to avoid scams, fraud and exploitation? The Area Agency on Aging for Southwest Florida provides free presentations on these topics, as well as on how to identify and report elder abuse and neglect. You can schedule a presentation to your group or community by calling the Elder Helpline at 866-413-5337 (866-41-ELDER).

Much like the coronavirus itself, these fraudulent attacks probably aren't going to disappear any time soon. But knowledge, common sense and a little bit of skepticism can help us all develop some immunity to coronavirus scams.

*Sherry Young is the Elder Abuse Prevention & Education Coordinator at the Area Agency on Aging for Southwest Florida (AAASWFL). For more than 40 years, AAASWFL has connected older adults and adults with disabilities to resources and assistance for living safely with independence and dignity. For more information, visit www.aaaswfl.org or call the Elder Helpline at 866-41-ELDER.**

Read us online at IslandSunNews.com

Help SCCF Bring Back the Barn Owls

Poisoned rats can kill the eagles, hawks, bobcats and owls that eat them.

Tell your pest control professional to **NOT** use these rat poisons:

- brodifacoum
- bromailone
- difenacoum
- difethialone

SCCF
472-2329
sccf.org



Or consider not using any rat poisons at all. Instead, seal all entry points to your home.



naturebrackets.com
info@naturebrackets.com

New Designs Available at
Forever Green Ace Hardware
2025 Periwinkle Way • Sanibel, FL

For a Full Mailbox
call Dave at
(239) 454-1001



Attorney Celebrates 50 Years In Business

In 1970, Bruce L. Scheiner was starting a career as an attorney. Now, 50 years later, the founder of Associates and Bruce L. Scheiner, Attorneys for the Injured, continues to fight for the rights of others and has no intention of slowing down.

"I have wanted to be an attorney ever since I could remember," Bruce said. "As a kid growing up, I always wanted to argue. I would get into discussions with people and always wanted to get to the root of things. I always wanted to be a personal injury attorney to be able to help people. I think that was more about the fact that I came from a working class family."

His father was a fireman and his mother a secretary. Bruce saw how they struggled to provide, that they never would have been able to afford an attorney. "I knew I wanted to go toe-to-toe with the bigger corporations of the world," he said, "and help people who normally wouldn't have that ability."

He served as a clerk in the Florida office of the attorney general while he was attending law school at the University of Miami. After receiving his law degree and passing the Florida Bar, Scheiner was hired in 1970 as assistant attorney general, handling criminal appeals.

Also during this time, he met his future wife, Cheryl, but the two weren't happy with their surroundings in Coconut Grove in Miami. Their newspaper delivery person had been robbed twice. "We wanted to get out of there," Bruce remembered, "and my wife said, 'what is the west coast of Florida like?'"

With no money, one credit card and residing in the Ramada Inn in downtown Fort Myers, Scheiner took a job with First National Bank in Fort Myers. A few months later, he decided to open his own law practice on the second floor of a building on First Street, becoming the 110th attorney in the city. He didn't have any clients, but Edison National Bank gave him a \$5,000 loan to get started. He called himself a "hands" lawyer. "I took whatever case I could get my hands on," he said. Bruce settled his first case for about \$40,000, launching what has become a very successful



Bruce L. Scheiner photo provided

and well-respected career with over 25,000 clients and a staff of over 100 professionals.

His career and number of clients skyrocketed in 1977 when the U.S. Supreme Court ruled attorneys could advertise. He was the first Fort Myers attorney to do so, placing ads in the newspaper, radio and television.

In 1981, he opened the office where the firm is currently located, expanding in 1986. "I started hiring more attorneys," he said, including his son, Preston J. Scheiner, in 2007. "That was the best thing that ever happened to me besides meeting my wife and having my son," Bruce said. "He is the brightest person I know."

He's also very proud of the scholarship program he and his wife started about 15 years ago. Called the "Make a Difference Award," the firm gives scholarships to middle and high school students over a five-county area: Lee, Collier, Charlotte, Hendry and Glades.

"It's very important to me, as a fireman's son, to share with other people, and my wife is very much into education," Bruce said.

Bruce loves to paddle board and go hiking. He also loves the motorcycle community and for years has sponsored the Cape Coral Bike Night and also is sponsoring the Fort Myers Bike Night. "I love to help the underdog," he said. "They are not given any respect by other drivers. These are people who are not treated fairly. 'We are their voice.'"

ecosystem modeling.

AAUW provides several scholarships to promising young female students. The organization also actively supports STEM projects in the hope of encouraging girls to enter the fields of science and mathematics. The meetings provide avenues for women to further their education and learn about interesting issues.

The organization invites women to join the organization. Members include women who have had careers in many fields and women who are actively working in the Fort Myers area. Reservations are required for the meeting.

The Landings Yacht, Golf and Tennis Club is located at 4425 South Landings Drive in Fort Myers. For more information or to register, email aauwleecounty@gmail.com or visit www.fmlc-fl.aauw.net.

Honorary Chair Named For Fundraiser

Christina Harris Schwinn, partner with Pavese Law Firm, will be the honorary chairwoman for A Recycled Night in Black and White at Hyatt Regency Coconut Point Resort and Spa on April 3.

This year marks A Recycled Night in Black and White's fourth year at the Hyatt Regency Coconut Point and its ninth year overall. This year's fashion show is in honor of Dress for Success SW Florida's 10-year anniversary serving in Southwest Florida. A Recycled Night in Black and White will highlight 14 local designers who will showcase runway-ready ensembles crafted from bags of recycled clothing and accessories generously donated to Dress for Success SW Florida. A panel of judges will select first-, second- and third-place winners along with a People's Choice award. All with cash prizes.

In addition to a recycled fashion show, the evening will feature hors d'oeuvres, champagne, a three-course seated dinner, live and silent auction, dancing and cash bars. This event is a fun, haute couture fundraiser where 100 percent of the proceeds will benefit



Christina Harris Schwinn photo provided

local women who are working towards economic independence. Guests will be immersed in the night's theme, "making marvelous out of the discarded."

Tickets for the event may be purchased for \$125. A table of 10 seats may also be purchased at \$1,200. Sponsorship opportunities are available.

Hyatt Regency Coconut Point Resort and Spa is located at 5001 Coconut Road in Bonita Springs. To purchase tickets or a table, visit: www.blackandwhite2020.eventbrite.com.

Our email address is press@riverweekly.com

Looking For A Repair Shop You Can Trust?

LEGENDARY
★★★★★ AUTOMOTIVE & TRUCK SERVICE



Google rated: 4.8 ★★★★★

We service all makes and models, both foreign and domestic.

Highly trained, Professional, and caring staff.

3 year/ 36,000 mile nationwide warranty.

Same day service in most cases.

\$25 Off
any service
that we offer!

Limit one per customer, no cash value, cannot be combined with any other offer or discount.



All Makes and Models both Foreign and Domestic

239-277-1004

1921 Courtney Drive • Fort Myers 33901

OPEN Monday - Friday 8am to 5:30pm • Saturday 8am to 4pm • Sunday Closed

www.LegendaryFL.com

AAUW To Meet

The American Association of University Women (AAUW) will hold its monthly luncheon in the Helm Club at The Landings Yacht, Golf and Tennis Club on Saturday, March 21 from 11:30 a.m. to 2 p.m.

Dr. William Mitsch will be the guest speaker. The topic will be Everglades Restoration, Florida Waterways and our Environment – What needs to be done right now. Cost is \$23.

Dr. Mitsch is currently eminent scholar and director of the Everglades Wetland Research Park at Florida Gulf Coast University in Naples. His research and teaching has focused on wetland biogeochemistry, wetland creation and restoration, ecological engineering and

Book Review

The Fountains Of Silence



by Di Saggau

The Fountains of Silence by Ruta

Sepetys is a gripping portrait of love, silence and secrets under the dictatorship of General Francisco Franco. In 1957 Madrid, while

tourists and foreign businessmen flood into the country, Spain is hiding a dark secret. We meet Daniel, son of an American oil executive who is visiting Spain while his father works on a lucrative deal with Franco. He wants to be a photojournalist, but his father plans on him taking over the oil business.

With each photo he takes, he starts to realize that many things do not quite add up. Especially after he meets Ana, a maid at the Hotel Castellana Hilton, where Daniel and his family are staying. Her father was killed and her mother imprisoned for being part of a Franco resistance. Ana needs her job and tries not to make any trouble, but silence becomes difficult as she spends more and more time with a young man who captures the truth in his photographs.

The author's research for this

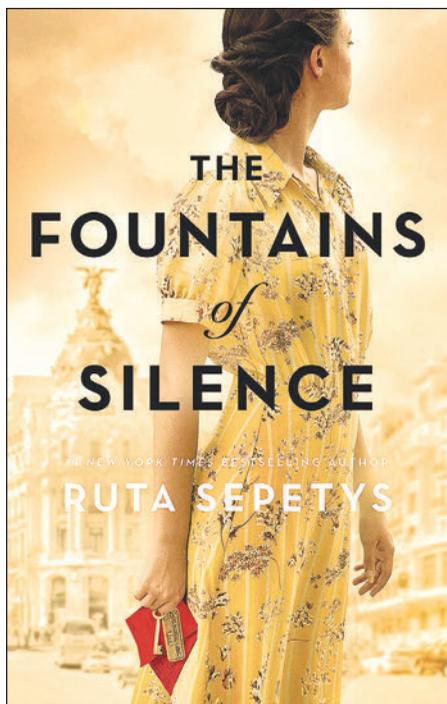


image provided

historical fiction novel spanned eight years. While the characters are fiction, the Spanish Civil War and the ensuing 36-year dictatorship of Franco, are very real. Between 1939 and the late 1980s, it is alleged that over 300,000 babies were stolen from their birth mothers and sold into adoption to those considered more "desirable" families. This is the dark secret talked about in the book. Today, there are many groups in Spain advocating tirelessly for stolen

children. Sepetys said that during her visits to Spain, she met many people who displayed deep empathy for this hidden history.

The Fountains of Silence speaks the truth loud and clear about things that went unsaid for decades. Full of twists and revelations, this is an excellent story.*

School Smart



by Shelley M. Greggs, NCSP

Dear Readers, Concern

over the new coronavirus, COVID-19, can make children and families anxious. While we don't

know where and to what extent the disease may spread here in the United States, we do know that it is contagious, that the severity of illness can vary from individual to individual, and that there are steps we can take to prevent the spread of infection. Acknowledging some level of concern, without panicking, is appropriate and can result in taking actions that reduce the risk of illness. Helping children cope with anxiety requires providing accurate prevention information and facts without causing undue alarm.

It is very important to remember that children look to adults for guidance on how to react to stressful events. If parents seem overly worried, children's anxiety may rise. Parents should reassure children that health and school officials are working hard to ensure that people throughout the country stay healthy. However, children also need factual, age-appropriate information about the potential seriousness of disease risk and concrete instruction about how to avoid infections and spread of disease. Teaching children positive preventive measures, talking with them about their fears and giving them a sense of some control over their risk of infection can help reduce anxiety.

You know your children best. Let their questions be your guide as to how much information to provide. However, don't avoid giving them the information that health experts identify as critical to ensuring your children's health. Be patient; children and youth do not always talk about their concerns readily. Watch for clues that they may want to talk, such as hovering around while you do the dishes or yard work. It is very typical for younger children to ask a few questions, return to playing, then come back to ask more questions. When sharing information, it is important to make sure to provide facts without promoting a high level of stress, remind children that adults are working to address this concern and give children actions they can take to protect themselves.

Information is rapidly changing about this new virus – to have the most correct information, stay informed by visiting www.cdc.gov/coronavirus/2019-ncov/index.html.

Here are some suggestions about the best ways for parents to talk with their children about the virus from the National Association of School Psychologists.

Keep Explanations Age Appropriate

Early elementary school children need brief, simple information that should balance COVID-19 facts with appropriate reassurances that their schools and homes are safe, and that adults are there to help keep them healthy and to take care of them if they do get sick. Give simple examples of the steps people take every day to stop germs and stay healthy, such as washing hands. Use language such as "adults are working hard to keep you safe."

Upper elementary and early middle school children will be more vocal in asking questions about whether they truly are safe and what will happen if COVID-19 comes to their school or community. They may need assistance separating reality from rumor and fantasy. Discuss efforts of school and community leaders to prevent germs from spreading.

Upper middle school and high school students are able to discuss the issue in a more in-depth (adult-like) fashion and can be referred directly to appropriate sources of COVID-19 facts. Provide honest, accurate and factual information about the current status of COVID-19. Having such knowledge can help them feel a sense of control.

Suggested Points to Emphasize When Talking to Children

Adults at home and school are taking care of your health and safety. If you have concerns, talk to an adult you trust.

Not everyone will get the coronavirus (COVID-19) disease. School and health officials are being especially careful to make sure as few people as possible get sick.

It is important that all students treat each other with respect and not jump to conclusions about who may or may not have COVID-19.

Remember, there are things you can do to stay healthy and avoid spreading the disease:

Avoid close contact with people who are sick

Stay home when you are sick

Cover your cough or sneeze into your elbow or a tissue, then throw the tissue in the trash

Avoid touching your eyes, nose and mouth.

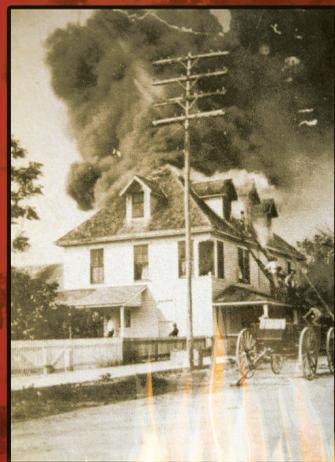
Wash hands often with soap and water (20 seconds).

If you don't have soap, use hand sanitizer (60 to 95 percent alcohol based).

Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.

Shelley Greggs is adjunct faculty at Florida SouthWestern State College, where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.*

EPIC FIRES OF FORT MYERS

How a Series of Early Fires Influenced the Town's DevelopmentTHOMAS P. HALL
ROBIN C. TUTHILL, EDITORAvailable at
www.Amazon.com
www.OutSkirtsPress.com

"More than a meticulously researched chronicle of the disasters that shaped Fort Myers, this book details the historical moment of each blaze, creating a rich portrait of a community forged and tempered by fire. A must-read for anyone interested in area history, with riches for newcomers and experts alike." - Amy Bennett Williams

Rist Family Foundation Donates To FGCU

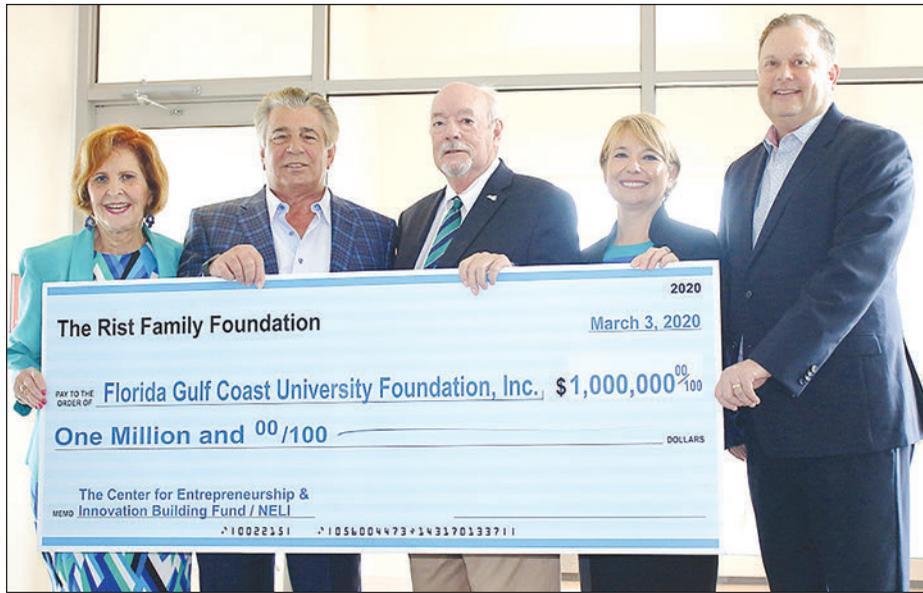
The recently established Rist Family Foundation continued making an impact in Southwest Florida as it donated \$1 million to Florida Gulf Coast University.

Rist Family Foundation President and Storm Smart Executive Chairman Brian Rist officially presented the check to FGCU President Dr. Michael Martin and other school officials recently. From it, \$750,000 of the donation will go to the FGCU Center of Entrepreneurship & Innovation for construction of an on-campus building the institute will call home.

The center focuses on providing FGCU students the resources and skills to develop their ideas of innovative services and products, creating the next generation of entrepreneurs. The center currently offers 34 courses in entrepreneurship and has seen 400-plus businesses started by FGCU students since August 2016.

Since 2017, FGCU's Center for Entrepreneurship & Innovation has increased its enrollment by 30 percent, bringing the total number of students enrolled in the program to 522 at the end of 2019. Also, the center has gained national recognition and ranking. According to the Princeton Review, FGCU's Center for Entrepreneurship & Innovation ranks 30th in the nation and has the highest ranking in Florida.

Rist has been involved with the



From left, Dr. Sandra Kauanui, Brian Rist, Dr. Michael Martin, Dr. Aysegul Timur and Timothy Cartwright photo provided

institute over the past few years and has seen first-hand the growth and impact it has on the students. That was a driving force in why he felt compelled to donate to the program, "It is amazing how this program has grown. To see these talented students turn their dreams into reality has been a fantastic experience for me," said Rist.

Thanks to the Rist Family Foundation, the funding is now in place to relocate the center from its current location off Allico Road nearly five miles from FGCU to a new on-campus building, which they hope will plant the seeds of future growth and success of the Center of Entrepreneurship & Innovation. "This has really put us

over the top for a major investment in one of the fastest growing programs on our campus," said FGCU President Dr. Michael Martin. "Brian and Kim's generosity and investment in FGCU will be meaningful for years to come."

In addition to the Center of Entrepreneurship & Innovation donation, the Rist Family Foundation is donating \$250,000 to FGCU's Newton Ethical Leadership Initiative (NELI).

NELI was established to provide FGCU an opportunity to offer a leading think tank on ethics, leadership and related subjects to FGCU students.

NELI includes an Organizational Ethics & Values course required for all management majors at the university.

NELI also hosts its annual Distinguished Speaker in Ethics series, Celebrating Ethical Leadership in Southwest Florida luncheon and annual High School Ethics Case Competition for area high school students.

In honor of the Rist Family Foundation's donation, the High School Ethics Case Competition will now bear the foundation's name.

"Much like the Center of Entrepreneurship & Innovation, the Newton Ethical Leadership Initiative teaches FGCU students crucial skills for success in the business world. Many times, ethics are a forgotten aspect of being in business. These programs and courses bring ethics to the forefront and ensures these students understand the value of ethics in business," said Rist.

Rist concluded by sharing his hopes the foundation's donation will play a role in creating the next generation of business leaders, entrepreneurs and philanthropists, "I am fortunate to be in a position which I can give back. It is so crucial for all of us to provide these young men and women the resources and skills needed to make them successful, upstanding members of our community as they begin the next phase of their lives. I am just happy I can play a part in that process."

For questions, interview requests, or more information, contact Jeff Koehn, chief brand officer of Storm Smart, at 274-2761 or jkoehn@stormsmart.com.✪

E-Notify Offers Court Date Text And Email Alerts

Clerk of Court Linda Doggett recently announced the release of a new program that allows any individual who registers to receive alerts of upcoming criminal court events via text or email. The new system, known as E-Notify, is intended to keep defendants and any other interested parties informed about upcoming court events. Initially, a pilot project provided alerts on cases filed in three counties – Orange, Okaloosa, and Nassau. The program has expanded statewide as of January 31.

Users can go to <http://enotify.flcourts.org> to sign up for alerts. The program was developed collaboratively by the state's clerks of court and the state courts system.

"This free service is very easy to use and very beneficial to the criminal justice system – and really all of us," said Clerk Doggett. "My office is doing all we can to get the word out. I commend the vision of the legislature and hope E-Notify will be broadly used."

E-Notify is designed specifically to fulfill the legislature's direction to

provide alerts to defendants in criminal cases. The system, however, is not limited to defendants and offers a valuable resource to others who may wish to be notified of case events.

Similar programs elsewhere have shown the notification system is effective.

Studies in jurisdictions where electronic alerts have been implemented show significant reductions in "failures to appear," or instances in which defendants miss their court events. A text-alert program in New York City both reminded defendants of their court appearances but also provided information on the consequence of failing to show up.

Failure to appear for a court event can result in a warrant being issued for the arrest of a defendant. Fewer defendants with missed court dates will reduce negative consequences both for the individuals and associated costs to the justice system.

Users who sign up for the service choose how they will get alerts – by email, text, or both – and timing of the reminders, choosing any combination of 14-day, 7-day, or day-ahead notifications. There is no limit to the number of cases users can sign up to get notifications. E-notify allows users to manage their alert subscriptions and make changes to cases and frequency.✪

Is your Estate Plan providing you COMFORT, CONFIDENCE & CLARITY?

For **FREE** online resources or a copy of one of our books, visit estateprograms.com



Craig R. Hersch

Florida Bar Board Certified Wills, Trusts & Estates Attorney, CPA
"Will Power" Columnist, *The Island Sun*



SHEPPARD, BRETT, STEWART,
HERSCH, KINSEY & HILL P.A.
Attorneys at Law



9100 College Pointe Court
Fort Myers, FL 33919
Phone 239.425.9383
Fax 239.334.3965

www.sbslaw.com

Will Power

The In-Laws



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

When drafting up wills and trusts, I sometimes have a client tell me that they want to split their estate into shares for each of their children, but they don't want the estate to benefit their daughter-in-law or to their son-in-law in the event of their spouse's passing. Instead, they would prefer that whatever is left of the inheritance go to their grandchildren.

The intent is perfectly reasonable. If your son dies and his inheritance goes to your daughter-in-law who then remarries, it's possible that your hard earned estate will one day end up

with some other family that you don't know.

When I get direction to bypass the in-laws, I often ask my client if they are talking about what would happen if their son or daughter predeceases or if they are talking about a situation where their child survives my client and then dies.

"What does this matter?" is a response I often hear.

"Well, let's say that your son survives you," I begin. "If you leave his share of the estate outright to him, then he owns it and can leave it to whomever he wants. If his will gives everything to his wife, then she's likely to inherit what you left him."

"We love our daughter-in-law," my client responds, "but what if she remarries and leaves everything to some new husband? We don't want that. We'd prefer that our grandchildren receive what's left."

"In that case, you shouldn't leave everything to your son outright, instead you should leave it in a continuing trust for his benefit," I add. "You can make him the trustee of his own share, but instead of it being subject to his will, you could add a provision that, if he dies, if there is anything left of the share, then it goes to benefit your grandchildren. That way you give him control as trustee and as primary beneficiary, but you can direct it at his death rather than giving his will complete

control over what you left him."

Before the client concurs and instructs me to do just that, I throw something at them that they probably didn't consider.

"If you leave the assets in a continuing trust, you might want to give your son a power of appointment over the assets so that he can direct who gets them in his will."

"Why would we do that? Then we're right back where we started! If he gives everything to his wife, then what's the point of creating a trust share for our son that would go on to our grandchildren?"

"That's a good question," I say. "But consider this – what happens if your son hits hard times economically and dies unexpectedly? There might be considerable sums held in trust for the grandchildren, leaving their mother destitute. You wouldn't want that either would you?"

"Probably not," the client says. "So what do we do?"

"A power of appointment does not have to be an all or nothing proposition," I'll advise. "You could give your son the power to appoint some portion of his share, but it must be appointed into a trust for his wife that continues for her lifetime. In other words, you could limit how much of his share he can redirect away from the grandchildren (who would be the default beneficiaries) and to his wife, but you can also ensure that upon her death, it goes back to your bloodline."

The power of appointment might say something along these lines: "I grant to my son the limited power to appoint up to half of the remainder of his trust share to his wife, provided that he exercise the power in such a manner as to direct such sums into trust paying his wife income for her life and then the remainder of the share at her death will revert to my grandchildren."

I explain that the actual wording of the will would be far more legal in nature, but that would be the gist of it.

While it's easy to simply go with default language that would distribute all of a deceased son's share to that son's children, that might not be the right thing to do, especially when your child is in a long-term marriage and your grandchildren are of that marriage. Every family's situation will be different, so it is important to consider the ramifications of your default beneficiaries should something unexpected happen.

©2020 Craig R. Hersch. Learn more at www.sbshlaw.com.

Publix To Anchor Babcock Ranch Shopping Center

Kitson & Partners, developer of Babcock Ranch, recently announced that Publix will anchor Crescent B Commons, an 82,540-square-foot shopping center under construction at a new entrance to Babcock Ranch being constructed about one mile south of the existing entrance on Babcock Ranch Road/State Road 31. The estimated opening date for Crescent B Commons is first quarter 2021.

Publix will occupy 48,387 square feet and offer a drive-thru pharmacy. Three available outparcels totaling 14,653 square feet are suitable for retail or restaurants.

"We are excited to offer area residents the quality and convenience of a nearby Publix, along with additional services and shopping in the plaza," said Tom Hoban, president and chief investment officer of Kitson & Partners. "Babcock



A rendering of the 82,540-square-foot Crescent B Commons shopping center under construction

photo provided

Ranch residents will also enjoy the added convenience of an autonomous vehicle pick-up and drop-off area. Crescent B Commons will align with Babcock Ranch's design style and offer shoppers two unique, distinct outdoor seating areas to enjoy the area's natural beauty."

Publix will either hire new associates from the area or transfer current associates to help staff its new Babcock Ranch

location.

Crescent B Commons offers in-line leasing opportunities for 19,500 square feet of space with an attractive bay configuration of 65-foot bay depth.

Babcock Ranch was created by Kitson & Partners with respect for the natural environment and the philosophy that smart growth and sustainability work hand in hand. Half of the town's 18,000-acre

footprint is set aside as greenways, parks and expansive lakes, providing recreation and scenic backdrops for Babcock Ranch's homes and the Founder's Square downtown district.

Babcock Ranch is located at 42850 Crescent Loop in Babcock Ranch. For more information, visit the Woodlea Hall Discovery Center, call 877-709-6620 or visit www.babcockranch.com.



ISLAND
INSURANCE
SERVICE



Mark O'Brien
Owner/Agent



Susan Barnes
Personal Lines



Trish Barbone
Agent



Justin Wheeler
Agent

Call our office today
for a new Auto
quote.

We are **HERE**
for all your insurance needs

Have an insurance question?

703 Tarpon Bay Rd, Sanibel, FL (239) 472-3022

Under New Ownership



Get a Complete System Check Today!

- Routine System Checks
- Repair of Current System
- New Installations
- Water Audits & Leak Detection
- Residential or Commercial

Affordable
ISLAND
Irrigation

239-738-9970

AffordableIslandIrrigation@gmail.com

Frankly Speaking

by Howard Prager



The teams come out of the locker room. The spotlight is flaring, the loudspeakers are blaring and the stands are falling – not a single spectator is there, only athletic staff.

No food and souvenir vendors, no ushers, no programs and scorecards, and no crowd sounds or cheers. It's a surreal feeling as the teams warm up to play – basketball, baseball, soccer, any sport that would draw a crowd. With the coronavirus outbreak, no one is taking chances. After all, you don't want to risk thousands of people being exposed. The fans are all watching on their TVs, listening on radios, and some may still gather at bars but that's cut way down.

This is not something we have faced yet here, but it's happening in China, South Korea and Italy, which has quarantined several major cities to avoid contaminating more people. Teams there have already been playing games to empty stadiums. Italy has now suspended professional

soccer (football). Baseball's spring training has been affected. The Phillies released a statement that said players would sign a limited number of cards and baseballs in advance. They would not be honoring autograph requests on items fans bring in as a precaution. The Division III basketball tournament is proceeding without fans. "In light of Maryland's recently confirmed cases of COVID-19, and based on CDC guidance for large gatherings, we have determined that it is prudent to hold this tournament without spectators," Johns Hopkins University officials said. Soon we'll see what the NCAA does with the Division I tournament.

When the NBA announced that they were considering playing to empty stadiums, LeBron James tweeted immediately he wouldn't play if fans weren't there. What do you think? Should they? Should you go or not? I am not attending spring training this year because of the CDC warning about flying and crowds. Which is a good thing because everyone except players and essential staff are now banned from locker rooms of MLB, MLS, NBA and NHL teams. More may have happened by the time you read this.

I was recently at the Northwestern-Penn State men's basketball game. A Northwestern team that seemed to disappear all season showed up, cheered

on by the crowd, and beat No. 20-ranked Penn State by 11. What factor did the fans have in keeping the team motivated, especially after Penn State came back to tie the game at the half? Did the cheering of fans help? It's like if a tree falls in forest and no one is there, does it make a sound?

According to *Psychology Educator* in an article about how fans affect players, they write, "At its core, fandom is a social event. People attend games with other fans and engage in social activity together. Many sports fans find fun in purposefully trying to distract opponents. Some may use clothing, signs or chants in order to distract or get into the mind of a player. I wrote in an earlier column that more intimate settings provide even greater distraction, such as the closeness of fans to a basketball court.

Fans have even directly affected the outcome of a game. In baseball especially, fans have interfered with plays, often catching home run or foul balls that are still within the fielder's grasp. Remember Moises Alou complaining about the fan interfering with a foul ball at Wrigley Field in the 2003 league playoffs when they lost to the Marlins with just five outs to go?

I propose that before you play a game at an empty stadium, cancel the rest of the season for the NBA and NHL and let the playoffs be based on where teams are standing at the time. Start the

playoffs when it's safer for fans to gather and, at that time, decide if any regular season games should be played (perhaps as a warm-up) or if you go right into the playoffs.

MLB should think hard about opening the season right now too. The 1994-95 Major League Baseball strike began on August 12, 1994, and resulted in the remainder of that season being cancelled, including the postseason and, for the first time since 1904, the World Series. Prior to that, a baseball strike in 1981 resulted in a split season. The teams who were in first place before the strike and at the end of the season played each other in the first division championships. Precedence has been set for shortening a season.

Playing to empty stadiums has to be weird. Depending on how long this coronavirus lasts will determine when regular games start up again or when playoffs (or abbreviated playoffs) begin. In the meantime, I'm sure TV can find great highlights of past games to fill in for viewers. And we'll all be a little healthier and safer.

Howard Prager is the son-in-law of longtime columnist Ed Frank. Prager is a sports enthusiast from the Chicago area who also writes and blogs about leadership. Email comments or questions to press@islandnews.com. ✨

SPORTS QUIZ

1. In 2018, Baltimore's Chris Davis finished with the lowest batting average by a qualifier (.168) in major-league history. Who had held the mark?
2. Which of baseball's Alou brothers played for both the Milwaukee Braves and the Milwaukee Brewers?
3. How many consecutive winning seasons did Virginia Tech's football team have before the streak ended in 2018?
4. Utah's Donovan Mitchell set an NBA record in the 2017-18 season for most 3-pointers made by a rookie (187). Who had held the mark?
5. Which NHL team holds the record for most consecutive seasons reaching the Stanley Cup playoffs?
6. Who was the first rookie to win a NASCAR season championship in one of the three main divisions?
7. Name the last year in which tennis star Serena Williams did not make a grand slam final.

ANSWERS

1. Rob Deer (1991) and Dan Uggla (2013), each of whom hit .179 for a season. 2. Felipe Alou (1964-65 with the Braves, and 1974 with the Brewers). 3. It was 25 consecutive seasons (1993-2017). 4. Portland's Damian Lillard, with 185 in the 2012-13 season. 5. Boston, with 29 consecutive seasons (1967-68 through 1995-96). 6. Chase Elliott, who won the 2014 Xfinity Series championship. 7. It was 2006.

From page 1

Studio Tour

and he can't resist the dance of the reddish egret.

Kreutz is a master of romantic realism, illustration and classic car art, as well as acrylic aerosol paintings. His work has been published in countless limited editions, displayed in art exhibitions and seen in publications. His images have been commercially produced into high-quality jigsaw puzzles, calendars and greeting cards. He has also exhibited and sold his work nationally and internationally.

Pinckney works in several mediums including music, fashion, visual art, film and installation. He has followed advice to "create in any medium you see fit." He takes any series of material, trusts his instincts and forms pieces that weave through the realms of interior/exterior design, like modern urban elegance.

Plummer has been sketching and drawing since he was 6, but he became a dentist after serving in the Navy Hospital Corps. When he retired in 2014, he turned more fully to making art and has made the illustrations for a book celebrating the 100th anniversary of the legendary Musso & Frank Grill in Los Angeles restaurant. The style evolved into something chaotic liken to *Mad* magazine.

Smith devotes his studio practice as a production potter, sculptor and painter while teaching for area art institutions throughout Southwest Florida. He opened Sanibel Pottery Studio to share his clay-making expertise with people of all ages while continuing to teach at Cypress Lake High School's Center for the Arts.

The Alliance for the Arts is located at 10091 McGregor Boulevard in Fort Myers. For more information or to purchase tickets for the tour, visit www.artinlee.org/studiotour or call 939-2787. ✨



The ribbon-cutting ceremony to officially open the Babcock golf course photo provided

Babcock National Golf Course Opens

Babcock National Golf & Country Club, a new Lennar lifestyle community within Babcock Ranch, celebrated the opening of its 18-hole Gordon Lewis-designed course with a ribbon-cutting ceremony and VIP golf tournament.

"We're thrilled to officially announce the opening of the golf course at Babcock National. Award-winning architect Gordon Lewis designed this championship course around the natural beauty of the land, and its unique offering is aligned perfectly with Babcock Ranch," said David Meyers, Lennar's director of operations for Southwest Florida.

On Lake Babcock north of Founder's Square, the par-72 semi-private course will complement Babcock National's world-class amenities center.

"Thousands of our Discovery Center

visitors have asked us when golf would be coming to Babcock Ranch," said Syd Kitson, chairman and CEO of Kitson & Partners, developer of Babcock Ranch. "I'm proud of what Lennar has done with Babcock National, and it's incredible to see the golf course come to life as part of our overall vision of celebrating the outdoors and the environment."

Babcock National will feature 18 of Lennar's most popular home designs offering 1,120 to 3,473 square feet of living space. A mix of multi-family and single-family homes, including condominiums, luxury coach homes, executive homes and estate-style designs, will incorporate innovative design details and Lennar's signature Everything's Included program that provides customers with a high level of standard features already included in the home price. Homes at Babcock National start from the upper \$100,000s.

For more information, drop by the Woodlea Hall Discovery Center at 42850 Crescent Loop in Babcock Ranch, call 877-709-6620, or visit www.babcockranch.com. ✨

Gala Celebrates Student Success

Earn to Learn FL celebrated the remarkable achievements of eight Southwest Floridians who have elevated the lives of others through mentoring on February 19 at The Club at Mediterra. The gala included a cocktail reception, gourmet dinner, networking opportunities and a keynote address by Babcock Ranch Founder Syd Kitson. The gala raised more than \$135,000 to support Earn to Learn FL, a matched-savings program that offers personalized financial capability training and success coaching to students across Florida.✪



Myra Daniels and Brenda Tate

photos provided



From left, Michael Martin and Alise Bartley with Madeline and Scott Holzem



From left, Tiffany Williams with Joe and JoAnn Caffi



From left, Syd Kitson, Michael Martin and Tyler Kitson



Adria Starkey and Teri Hansen



From left, Susan McManus, Brenda Tate and Jacob Sahagian



Stani Makhoul and Paul Makhoul



Tom and Lyvette McCoy



From left, Ian Berger, Debbie Leyer, Leah Pogel, Kathy Hazelwood, Nancy Merola, Sean Simpson and Kirk Myer



From left, Michael Rubenstein, Kimberly Johnson and Ken Johnson



From left, Stacey Adams, Harlan Parrish and Lisa Portnoy

Beautifulife:

Your Audience



by Kay Casperson

I have always been a big believer in carefully choosing the people you surround yourself with for many reasons. Your life is like a production, and you are the director of each and every aspect of it. From what you do, to how you act, and every single outcome of that can be orchestrated by you and controlled by you.

You are in charge of not only how you act, but how you react to the various circumstances in life. You are also in charge of who you allow in your audience, who are the ones chosen by you to cheer you on, clap for you, inspire you or help you move towards your best and most beautiful life?

Let's take a closer look at the people that are in your audience. They are made up of family, friends, social acquaintances, or work teams. Where you place them in their seats will make a significant impact on the success of your production. Are the people that want the best for you and want to inspire you to be better in the front row of your production? Or, do you keep them at a distance, maybe in the back rows, the balcony or far enough away where it is hard to hear them cheer you on?

Are there people that don't really care about your ultimate wellbeing, happiness, or success closer to the front row? They may be taking up seats that should be saved for those that do truly matter in your life. You might want to take a good look at how you have positioned your audience

as it could make the difference in your success. It could change the outcome of how you become better, healthier, happy and full of love.

The front row should be only those that you can hear cheering you on, sending you love, wishing nothing but the best of everything, and wanting you to grow and become better. The middle of the room should be those that care about your wellbeing but may not give you the extra love and inspiration you need to succeed. The back row should be where you put people who you know from work or social events and organizations, but don't expect them to be your best cheerleaders. And, finally, the balcony is where you should keep those, regardless of whether they are family or acquaintances, who try to steal your energy. These are people that will suck the wind right out of you, and would not be there to support you if you really needed it. We all have certain people that need to be in our production. Still, the exposure to them should be limited, so their opinions do not get to you as quickly or as loudly.

Remember, the production of your life is solely in your hands. Choose your actions wisely and place people properly in your audience. You will then be able to make the best decisions to create the life that you desire and are meant to have.

My affirmation for you this week is: "I will choose the audience wisely for my ongoing production of my best and most beautiful life."

*Kay Casperson is a beauty and lifestyle expert, founder and CEO of Beautifulife by Kay Casperson. She owns resort spas on Sanibel and Captiva islands and manufactures beauty and lifestyle products sold across the country. To stay inspired, visit www.kaycasperson.com or follow on social media @kaycasperson.**

Less Waiting At Urgent Medical Care Centers

It's season in Southwest Florida. This influx of visitors also means an increase in the need for urgent medical care and it's essential for everyone – residents and seasonal visitors – to know where to go for immediate, high-quality care.

Patients can seek treatment for most common ailments at an urgent care center without visiting the emergency room (ER). For minor injuries and nonlife-threatening illnesses, patients can avoid long waits and expensive hospital bills by instead visiting an urgent care center or opting for telehealth.

Urgent care centers provide easy access to skilled physicians and nurses for a wide range of non-emergency injuries or illnesses. Walk-in clinics are ideal for sprains, strains, rashes, cuts, cold and flu, vehicle and work-related injuries and sports physicals. Many locations also have X-ray capabilities for fractures and broken bones (not protruding through the skin).

Another option is telehealth. When it

comes to minor sicknesses and injuries, telehealth services, like Lee TeleHealth, offer the luxury of no more waiting rooms, no more sitting in traffic, especially during season in Southwest Florida and the option to see a doctor on demand. Lee TeleHealth operates 24/7 and enables a patient to virtually visit with a board-certified physician or advanced provider from the comfort of their homes. Lee TeleHealth is available for the discounted rate of \$29 throughout February. For more information, visit www.leehealth.org/ telehealth.

Walk-in clinics and Lee TeleHealth are appropriate when: you have a nonlife-threatening medical issue; you're unable to make an appointment with your primary care doctor; you don't have a primary care physician; need access to care outside normal business hours.

By knowing the best place to go for your medical care, you can get in and out of the doctor's office faster while helping to keep ER wait times down for those with critical emergencies. If you have a life-threatening illness or injury, remember always to call 911 to seek immediate medical attention.

For more information or a list of urgent care centers, visit www.leehealth.org, or call 481-4111.*



Diane Champion



Donna Clarke



David Collins



Therese Everly

Lee Health Board Of Directors For 2020

Lee Health recently announced the newly elected officers of its board of directors for 2020.

David F. Collins has been elected as board chairman for 2020. A resident of Lee County since 1984, he has been a mortgage banker for more than 29 years and has served as a board member for PACE Center for Girls of Lee County, and as treasurer for the PACE Capital Campaign. In 2018, he served on the Junior Achievement Hall of Fame Committee and serves on the De LaSalle Academy Finance Committee. He is a graduate of Leadership Lee County Class of 2012.

Therese Everly has been elected as vice chairman. She is a registered respiratory therapist and licensed Florida realtor who also serves on the

boards of the Lee County Homeless Coalition and Alzheimer's Association Florida Gulfcoast Chapter. Everly has served as a member of the City of Cape Coral Financial Advisory Board, Human Trafficking Awareness Partnerships Board and is a former adjunct professor at Florida Southwestern State College. She has over 30 years of health care and management experience, accompanied by a degree in health care administration.

Donna Clarke has been elected as treasurer. She is a former Florida state representative and has served as an adjunct professor with State College of Florida. Clarke earned a master's degree in industrial management from Georgia Institute of Technology, and has previously owned and operated an environmental consulting firm. She currently is co-president of the Fort Myers Kiwanis Club and has served as vice chair of the STARS Advisory Board. She has also volunteered as a

continued on page 24

YOUR NEUROLOGICAL SYMPTOMS MAY HAVE A STRUCTURAL CAUSE!

- Balance problems
- Blurred vision
- Dizziness / vertigo
- Fainting / drop attacks
- Swallowing or speaking difficulties
- Tinnitus or hearing problems
- Torticollis / cervical dystonia
- And many more!

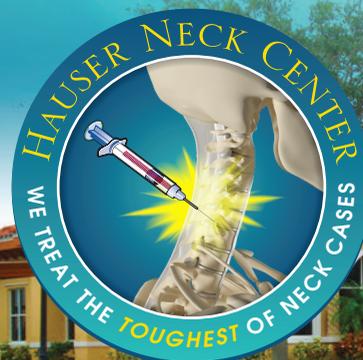
The Hauser Neck Center at Caring Medical Florida specializes in unique, dynamic diagnostic tests that find what traditional MRI scans can miss, and Comprehensive H3 Prolotherapy to treat the underlying structural cause of chronic neck pain, migraines, and neurological symptoms.

Learn more at CaringMedical.com and contact our team to review your case!



Ross Hauser, MD

Hauser Neck Center
Caring Medical Florida
9738 Commerce Center Ct.
Fort Myers, FL 33908
(239) 308-4725
DrHauser@CaringMedical.com



HELPING THE WORLD SEE CERVICAL INSTABILITY WITH 2020 VISION!

dearPharmacist

Natural Options Therapeutically For COVID-19



by Suzy Cohen, RPh

Dear Readers:
The

difficulty in preparing for a coronavirus outbreak is in the not knowing. We don't know if it will come to a city near us and, if so, we don't know how to create an

effective treatment plan. Furthermore, we don't know what the risk factors are that lead to deadly lung-related complications such as pneumonia.

But in time, we will have more answers for this and more. At the time of this writing, COVID-19 is an epidemic that has quickly infected over 100,000 people around the globe.

Thousands have died, and we are in urgent need of a cure or a vaccination, or a stronger immune system to make sure we come through it okay.

FYI, airlines and cruise ships that have recirculating air pose a problem for those who are traveling, so if you are immunocompromised, you may want to hold off on that vacation.

Once a person is infected (and by the way, a dog has now tested positive), the virus itself acts similarly to other viruses we've encountered. For most people, it will cause flu-like symptoms like fatigue, fever, coughing, body aches and the usual miserable symptoms like sneezing, sniffing and headache.

Recently, I read a research article about a blood pressure drug called Losartan that holds some value for this virus. It is very likely that the cellular binding site for SARS coronavirus is the AT1R receptor (Angiotensin Receptor 1) and that's the same receptor site for Losartan, the drug for hypertension.

So if you're taking Losartan, in theory, it's sitting on the receptor site blocking it from the big bad bug. It won't work 24/7, but it could reduce "the aggressiveness and mortality from SARS-CoV-2 virus infections." I'm quoting from a research article published in *Drug Development Research* (March 4, 2020). This medication requires prescription.

As for natural angiotensin receptor blockers (ARBs), they exist, however they are not as effective. They are:

- Garlic
- Resveratrol
- Taurine
- CoQ10
- Celery

In summary, we see losartan and/or foods and herbs as potential therapeutics for reducing the aggressiveness (and mortality) from other coronavirus infections like SARS, so maybe we can extrapolate to COVID-19. There are ways you can ramp up your cellular immunity too, using astragalus or olive leaf. I have

more information about this topic in case you are interested. Visit www.suzycohen.com to sign up for my free newsletter so I can email you the extended version of my weekly articles.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com.

Public Health Awareness Fair

The Florida Department Health in Lee County (FDOH-Lee) in partnership with Lee Health and First Assembly Cornerstone will be hosting Community Faith and Wellness in Action Health Fair, a community event to raise and promote public health awareness. The event will be held at First Assembly Cornerstone Church on Saturday, March 21 from 10 a.m. to 2 p.m.

Health screenings will be available, free of charge, for all who attend. The health screening includes HIV/STDs screenings, immunizations, tobacco cessation, dental and vision, blood pressure, cholesterol, chronic disease, asthma, behavioral health and nutrition. The event will also feature educational materials and resources and a food pantry. Free family-friendly entertainment and refreshments will be provided.

Faith Responds to AIDS (FRTA) is Florida's statewide faith-based initiative. FRTA mobilizes churches and other faith-based organizations to fight against HIV/AIDS. The Florida Department of Health has partnered with faith leaders throughout Florida's minority communities to perform HIV testing and education within the church as part of one of the newer initiatives of the We Make the Change Campaign.

First Assembly Cornerstone Church is located at 3220 Drive Martin Luther King Boulevard in Fort Myers. For more information, visit www.floridahealth.gov.

Beatlemanix Concert At Babcock Ranch

Babcock Ranch will host a free Beatlemanix U.S.A. concert at Founder's Square on Saturday, March 21 from 6 to 9 p.m.

The Beatlemanix band members perform an authentic tribute to the Beatles that captures the look, sound and excitement of a real Beatles concert. There will be food trucks on site. Babcock Ranch's Table & Tap restaurant, Slater's Goods & Provisions, and Square Scoops Coffee & Creamery will also be serving refreshments. Guests can bring lawn chairs and picnic blankets for seating.

Founder's Square is located at 42850 Crescent Loop in Babcock Ranch. For more information, visit www.babcockranch.com/events or call 877-709-6620.

Doctor and Dietician

Gluten-Free Banana Oat Bread



by Ross Hauser, MD and Marion Hauser, MS, RD

We planted banana trees in our yard last year and wow do we have a bumper crop! Thus, came this recipe for banana bread. I started with a recipe I found on www.minimalistbaker.com because truthfully, I don't like to bake. Why? Because you must follow the recipe (food science, you know). I have, however, developed the ability to tweak baked goods recipes without making a mess out of the item. Believe me, there were a few epic fails along the way!

Last week, we picked over 50 bananas from the tree in our yard. I decided to try a different kind of banana bread and test it out on our staff. Dr. Hauser said, "Wow, you're brave. What if it tastes terrible?" I said, "Well, we'll throw it out!" Ha!

Here it is - tweaks and all.

In one bowl, mix the first 14 ingredients (up through the almond milk). Then, add the almond flour, gluten free flour and oats. Do not overmix. Pour into greased or parchment paper lined loaf pan. Bake at 350 degrees for 1 hour to 1 hour and 15 minutes. * optional ingredients.

3 medium ripe bananas, mashed (makes 1½ cups)

1 tsp. pure vanilla extract

1 whole egg (or sub 1 tbsp. chia seeds

in water)

3 tbsp. avocado or coconut oil, melted

¼ cup organic cane sugar

¼ cup packed organic brown sugar

1 tbsp. maple syrup

3 □ tsp. baking powder

¾ tsp. sea salt

□ tsp. ground cinnamon

1/8 tsp. cardamom*

1/8 tsp. star anise*

1/8 tsp. ginger*

¾ cup unsweetened almond or dairy-free milk

1¼ cup almond flour

1¼ cup gluten-free flour blend

1¼ cup oats

1¼ cup dried organic cranberries*

I brushed the warm loaf with a little more coconut oil followed by a few sprinkles of brown sugar and cinnamon and just a pinch of sea salt. Next time I make this, I will add lemon or orange zest and add some fresh blueberries. P.S. The staff loved it! Buon appetito!

This information is not intended to treat, cure or diagnose your condition. Caring Medical Regenerative Medicine Clinics has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@caringmedical.com.

Act Quickly For Drug Addiction

Narconon warns friends and families that the window period of desperation when an addict reaches for help is very short-lived. Knowing this is important when dealing with an addict needing treatment. It is a life or death situation and the next pill, hit, shot or drink could very well be there last. Do not wait for that to happen, act accordingly! No addict deserves to die.

For more information on time importance, visit www.narconon-suncoast.org/blog/time-kills-addicts.html. Call 1-877-841-5509 for a no cost screening or referral.

From page 23

Board Of Directors

math tutor at the PACE Center for Girls of Lee County.

Diane Champion has been elected as secretary and is a nine-year board liaison to the Lee Health volunteers. She was a business owner/manager for 40 years, resident of Lehigh Acres for 41 years. She has served as the committee chair for children's activities of the American Cancer Society's Relay for Life event and is an elected member of the Community Council of Lehigh Acres as well as a volunteer at Southwest Florida International Airport.

"We appreciate the officers' commitment to serving our community, and we are thankful to have such an accomplished group of board members working to further our dedication to provide the highest quality care," said Larry Antonucci, MD, MBA, Lee Health president and CEO.

In addition to the officers, other board

members include: Stephen R. Brown, MD; Sanford Cohen, MD; Jessica Carter Peer; Chris Hansen; Nancy McGovern, RN, MSM; and Stephanie Meyer, BSN, RN.

The board of directors' primary goal is to set the mission and vision of Lee Health. The board of directors consists of 10 officials, from five districts, who are elected by the residents of Lee County. The board holds regularly scheduled public meetings to set goals and objectives and to hear recommendations from the health system's administrative and medical staffs. Under its new governance structure, the board also holds audit, community health improvement, finance and investment, governance and quality, safety and patient experience committee meetings. These committee meetings help the board function more efficiently and set the groundwork for Lee Health's continued excellence in patient quality, safety and experience while ensuring the health system remains fiscally responsible. The public is encouraged to attend.

PETS OF THE WEEK photos provided

Lee County Domestic Animal Services

Birdie And Kitkat



Birdie ID# A812677

Hello, my name is Birdie. I am a 4-year-old female terrier mix who is a happy-go-lucky girl that will greet you with a smile and a curly tail wag. My super-soft brindle coat and one-ear-up-one-ear-down look makes me one of a kind. I am quite treat-motivated, so what I do not already know, I will learn quickly. The staff and volunteers are having so much enjoyment teaching me tricks while I am here, so stop by today and see what I know.

My adoption fee is \$40.

Hi, I'm Kitkat, a silver-haired beauty that is your typical lap cat. I am a 3-year-old female domestic shorthair who likes affection more than treats or toys, and I will seek you out as soon as you enter a room. I like to be around people and would love nothing more than to find a home of



Kitkat ID# A811160

my own. I will play with you as long as you are right by me giving me the attention I long for and deserve.

My adoption fee is \$40, and you can adopt me and get a feline friend at no additional charge.

Are you looking to adopt a new furry friend? Whether you are looking for a dog, cat, bunny or perhaps a ferret, stop by Lee County Domestic Animal Services in March to see the fun and games we have planned. Adoption fees on all adult dogs and cats will be reduced to just \$40 with an approved application. In addition, play our game of the day to win a prize with your adoption.

The shelter is open to the public Monday through Saturday at 5600 Banner Drive in Fort Myers. Adoptions are available 10:30 a.m. to 3:30 p.m. Monday through Saturday. For information, visit Lee County Domestic Animal Services at www.leegov.com/animalservices or call 533-7387. ✨

Pet-Friendly Fundraiser

The 10th annual The Fast and the Furriest 5K Run/1-Mile Walk will be held at JetBlue Park on Saturday, April 4. Event day registration begins at 6 a.m. and the run/walk starts at 7:30 a.m.

Gulf Coast Humane Society's biggest fundraiser of the year has a new course at a new location this year.

"We thought for our 10th anniversary of the event, we would give it a new, fresh experience," said GCHS Executive Director Jennifer Galloway. "This fundraiser has been one of the most enjoyable to run, and providing a new course for the runners and walkers, along with their furry friends who can walk/run with their owners, should just add to the excitement."

The Fast and the Furriest is pet-friendly and will include vendors and sponsors with their booths to provide pre- and post-snacks, with the first 400 participants who cross the finish line earning a medal.

If you cannot attend, help raise money for the GCHS shelter animals by joining the shelter's Go Fund Me Team. To join the team and start raising funds, visit <https://charity.gofundme.com/o/en/campaign/the-fast-and-the-furriest-2020-10th-annual-event1>.

JetBlue Park is located at 11500 Fenway South Drive in Fort Myers. To register before the event, visit www.active.com/fort-myers-fl/running/distance-running-races/the-fast-and-the-furriest-10th-annual-event-2020. ✨



Register for the Gulf Coast Humane Society Benefit race photo provided



Emergency	911
Lee County Sheriff's Office	477-1200
Florida Marine Patrol	332-6966
Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
HealthPark Medical Center	1-800-936-5321
Ft. Myers Chamber of Commerce	332-3624
Foundation for Quality Childcare	425-2685
Fort Myers Beach Chamber of Commerce	454-7500
Fort Myers Beach Library	463-9691
Lakes Regional Library	533-4000
Lee County Chamber of Commerce	931-0931
Post Office	1-800-275-8777
Visitor & Convention Bureau	338-3500
ARTS	
Alliance for the Arts	939-2787
Arts For ACT Gallery & Studio	337-5050
Art League Of Fort Myers	275-3970
Barbara B. Mann Performing Arts Hall	481-4849
BIG ARTS	395-0900
Broadway Palm Dinner Theatre	278-4422
Cultural Park Theatre	772-5862
Edison Festival of Light	334-2999
Florida Repertory Theatre at the Arcade	332-4488
Florida West Arts	948-4427
Fort Myers Harmonica Band	610-653-7940
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	489-1800
Harmony Chorus, Charles Sutter, Pres	481-8059
Naples Philharmonic	239-597-1111
The Schoolhouse Theater	472-6862
SW Florida Symphony	418-0996
Theatre Conspiracy	936-3239
Young Artists Awards	574-9321
CLUBS & ORGANIZATIONS	
American Legion Post #38	239-332-1853
Angel Flight	1-877-4AN-ANGEL
Animal Refuge Center	731-3535
American Business Women Association	357-6755
Audubon of SWFL	https://www.audubonswfl.org/
Caloosahatchee Chapter DAR	482-1366
Caloosahatchee Folk Society	321-4620
Cape Corale Barbershop Chorus	1-855-425-3631
Cape Coral Stamp Club	542-9153
duPont Company Retirees	454-1083
Edison Porcelain Artists	415-2484
Embroiderers Guild of America - Sea Grape Chapter	239-267-1990
FM UDC Chapter 2614 - United Daughters of the Confederacy	728-3743
Friendship Force Of SW FL	561-9164
Garden Club of Cape Coral	239-257-2654
Horticulture and Tea Society	472-8334
Horticultural Society	472-6940
Lee County Genealogical Society	549-9625
Lee Trust for Historic Preservation	939-7278
NARFE (National Active & Retired Federal Employees	482-6713
Navy Seabees Veterans of America	731-1901
Paradise Iowa Club of SWFL	667-1354
Sons of Confederate Veterans	332-2408
Southwest Florida Fencing Academy	939-1338
Southwest Florida Music Association	561-2118
Kiwanis Fort Myers Beach	765-4254 or 454-8090
Kiwanis Fort Myers Edison	694-1056
Kiwanis Fort Myers South	691-1405
Iona-McGregor	482-0869
Lions Club Fort Myers Beach	463-9738
Lions Club Fort Myers High Noon	466-4228
Lions Club Estero/South Fort Myers	898-1921
Notre Dame Club of Lee County	768-0417
Organ Transplant Recipients of SW Florida	247-3073
POLO Club of Lee County	477-4906
Rotary Club of Fort Myers	332-8158
Sanibel-Captiva Orchid Society	472-6940
United Way of Lee County	433-2000
United Way 211 Helpline (24 hour)	211 or 433-3900
AREA ATTRACTIONS	
Bailey-Matthews National Shell Museum	395-2233
Burrough's Home	337-9505
Calusa Nature Center & Planetarium	275-3435
Edison & Ford Winter Estates	334-7419
Fort Myers Skate Park	321-7558
Imaginarium Hands-On Museum & Aquarium	321-7420
JN "Ding" Darling National Wildlife Refuge	472-1100
Koreshan State Historic Site	239-992-0311
Langford Kingston Home	239-334-2550
Ostego Bay Foundation Marine Science Center	765-8101
Skatium	321-7510
Southwest Florida Historical Society	939-4044
Southwest Florida Museum of History	321-7430
True Tours	945-0405

To be listed in calling card email your information to: press@riverweekly.com

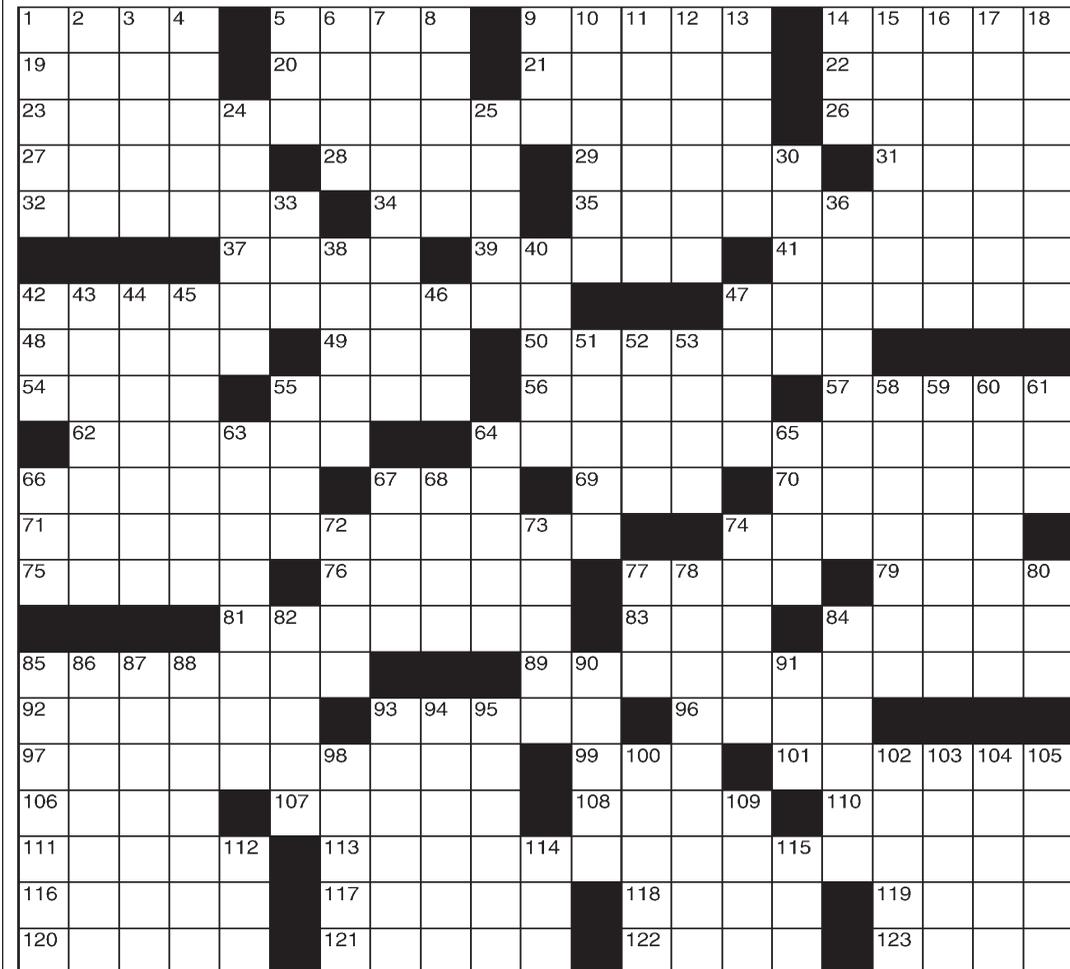
PUZZLES

Answers on page 28

Super Crossword

A STEP BACKWARDS

- ACROSS**
- 1 Sol, la or ti
 - 5 Low-pitched
 - 9 Salt Lake City resident
 - 14 Ahead by a single point
 - 19 Otherworldly glow
 - 20 Admit openly
 - 21 Spanish appetizers
 - 22 More sensible
 - 23 Datum for a hard drive
 - 26 Brand of fake fat
 - 27 Geriatrics topic
 - 28 Vegetable in Cajun cuisine
 - 29 Beach birds
 - 31 St. Patty's land
 - 32 Gains' opposites
 - 34 Australian avian
 - 35 Defunct figure-skating show
 - 37 Robin's place
 - 39 Woven together
 - 41 Take one's turn after all others
 - 42 Actress married to Steven Spielberg
 - 47 Develops an affinity for
 - 48 Strong glue
 - 49 MGM lion
 - 50 Sling mud at
 - 54 Mushy food
 - 55 Itinerary info
 - 56 Morganstern of 1970s TV
 - 57 Hoarse
 - 62 Evoke
 - 64 Camera-to-computer upload
 - 66 Like some sci-fi aliens, location-wise
 - 67 Caterer's receptacle
 - 69 Got the gold
 - 70 Fruity frozen dessert
 - 71 Jackson or Lincoln, e.g.
 - 74 Lay to final rest
 - 75 Actress Daly and novelist O'Connell
 - 76 Largest frat in the U.S.
 - 77 Pooch name
 - 79 Lowly worker
 - 81 — -la (utopia)
 - 83 College e-mail ender
 - 84 Supreme Court's Sotomayor
 - 85 With 33-Down, arm of the Indian Ocean
 - 89 Voyager Golden Record, e.g.
 - 92 Roving sorts
 - 93 Is sickeningly sweet
 - 96 Old fruity soda
 - 97 Sailor's reply
 - 99 In shape
 - 101 Should it happen that
 - 106 Skinny
 - 107 Epsom —
 - 108 Redding with a Grammy
 - 110 Flynn of early films
 - 111 Classic tune
 - 113 Snapshot go-withs
 - 116 Edmund of "Miracle on 34th Street"
 - 117 Apple messaging software
 - 118 Like men
 - 119 Ovid's
 - 120 Swamp plant
 - 121 Bête —
 - 122 Multitude
 - 123 Word hidden backwards in this puzzle's eight longest answers
 - 33 See 85-Across
 - 36 Kitty
 - 38 Snowball impact sound
 - 40 Extend — welcome
 - 42 Beer cask
 - 43 Galore
 - 44 Moniker for TV's Tim Taylor
 - 45 Make amends for
 - 46 Sod-busting tool
 - 47 — II (Gillette razor)
 - 51 Stole's kin
 - 52 — stick (jumping toy)
 - 53 Utopia
 - 55 The "D" of CD
 - 58 Fate who cut the thread of life
 - 59 Secondary option list
 - 60 Heat to 212 degrees in advance
 - 61 As of now
 - 63 Old Toyota
 - 64 Prefix with 39-Across
 - 65 "It will come — surprise ..."
 - 66 East, in Bonn
 - 67 Go — smoke
 - 68 Bond girl player Diana
 - 72 Hot — oven
 - 73 "'Tis —" ("So sad")
 - 74 Draw out
 - 77 Like women: Abbr.
 - 78 Same
 - 80 No, in Selkirk
 - 82 Lock holders
 - 84 Kind of piano
 - 85 Comparable things
 - 86 Sovereign's "I," often
 - 87 Revised
 - 88 Supporting
 - 90 "C — Cookie"
 - 91 Food tuna
 - 93 Tricolor cat
 - 94 Chinese fruit
 - 95 Car security system
 - 98 Easy putt
 - 100 Gossip tidbits
 - 102 Pinch into small folds
 - 103 Good smell
 - 104 Kind of boom
 - 105 — the Cow (milk mascot)
 - 109 Markdown
 - 112 Shanghai-to-Tokyo dir.
 - 114 Adaptable truck, briefly
 - 115 Church perch



King Crossword

ACROSS

- 1 TGIF part
- 4 Bing's buddy
- 7 Block the flow
- 12 Just out
- 13 "Hail!"
- 14 Become one
- 15 Meadow
- 16 High-flying tourist
- 18 \$ dispenser
- 19 Soviet cooperative
- 20 Genius
- 22 Decorate Easter eggs
- 23 Boast
- 27 Discoverer's cry
- 29 Weaken, in a way
- 31 Nary a soul
- 34 Star in Orion's left foot
- 35 "Now" or "never"
- 37 Drench
- 38 TV dinner veggies
- 39 "Go, team!"
- 41 Wild and crazy
- 45 Rescues
- 47 "The Raven" writer
- 48 TV show for entrepreneurial hopefuls
- 52 Transgression
- 53 Asian nation
- 54 Hockey surface
- 55 Superlative ending
- 56 That is (Lat.)
- 57 "Ben-Hur" author Wallace
- 58 Vast expanse
- 7 Grable
- 7 One-on-one fight
- 8 Pismire
- 9 Bay State sch.
- 10 Multipurpose truck
- 11 Apiece
- 17 Start a garden
- 21 Regions
- 23 All-out attack
- 24 Carpet
- 25 Consumed
- 26 Solidify
- 28 That woman
- 30 Anger
- 31 Siesta
- 32 Praise in verse
- 33 Eggs
- 36 Unruly kid?
- 37 From what place
- 40 Use
- 42 Church recesses
- 43 Din
- 44 Busybody
- 45 Old card game
- 46 Distort
- 48 Tackle moguls
- 49 Scuttle
- 50 Exist
- 51 Scale notes

DOWN

- 1 Extended family member
- 2 "Choppers"
- 3 Hindu ascetic
- 4 Mexican peninsula
- 5 Exaggerate
- 6 White or

MAGIC MAZE

CARING WORDS

E E B Y S V S Q N R K H E B Y
 W R T R O C R L E J G E B Y W
 U E A R P N A E K I S G D B Z
 X V R C S Q R R V S O M K I G
 D E C A I A A Y E I W U S Q P
 N A L J C D H L F F G E C A Y
 X V Y **E L D E R C A R E** F U L
 U S M C Q R L M P N E E R A C
 N O E R A C N I K S M K E A J
 H H F C E R C B H Z Y X V U C
 T R E K A T E R A C R I A H R

Find the listed words in the diagram. They run in all directions forward, backward, up, down and diagonally

- | | | | |
|----------|-----------|------------|-----------|
| Careen | Caregiver | Child care | Home care |
| Career | Careless | Day care | Scare |
| Carefree | Caret | Elder care | Skin care |
| Careful | Caretaker | Hair care | |



"Hi, Dad—I'm here to talk to you about my _____."

Answer on page 31

SCRAMBLERS

Unscramble the letters within each rectangle to form four ordinary words. Then rearrange the boxed letters to form the mystery word, which will complete the gag!

Tally
CORSE

Awake
LATER

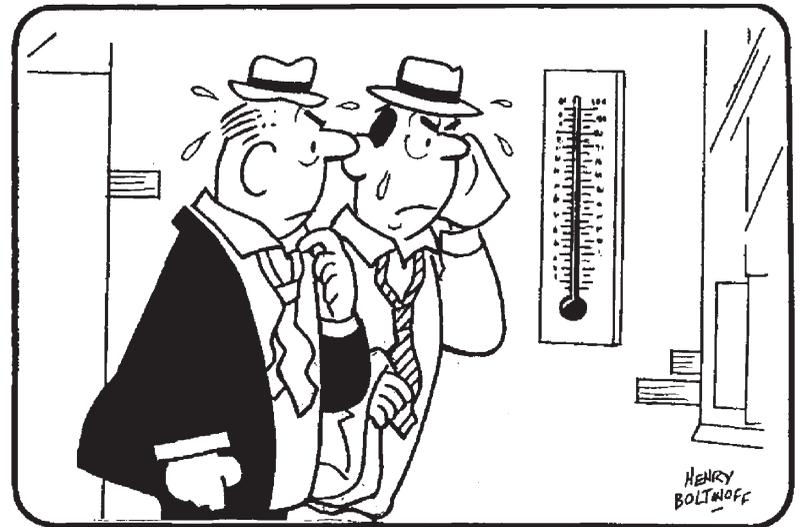
Indicator
ALIGNS

Beat
CHAWK

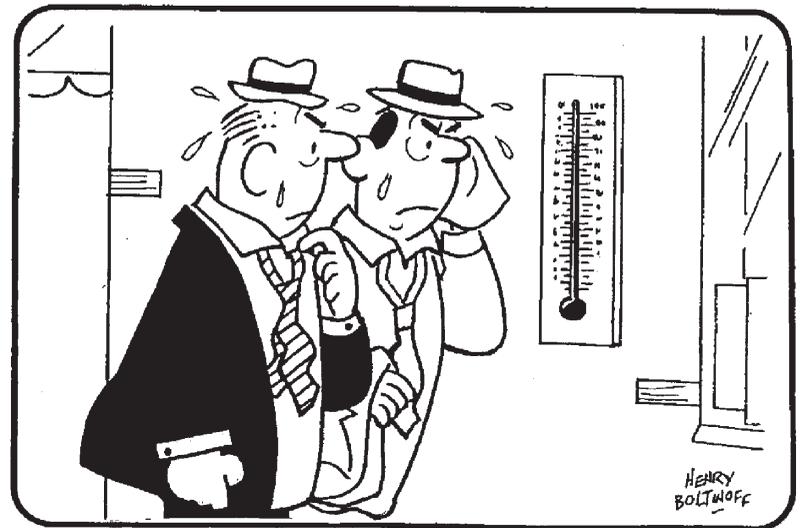
TODAY'S WORD

HOCUS-FOCUS

BY HENRY BOLTINOFF



FIND AT LEAST SIX DIFFERENCES BETWEEN PANELS



Differences: 1. Droplet is added. 2. Ties are swapped. 3. Step is missing. 4. Buttons are added. 5. Temperature is higher. 6. Awning is different.

7			6		5		3	
	4			9				5
		2	1			4		
3	6				8			4
		7	2			6		
9				1			5	
	5				9			7
		9	4				8	1
8				3		9		

SUDOKU

To play Sudoku: Complete the grid so that every row, column and every 3x3 box contains the numbers 1 through 9 (the same number cannot appear more than once in a row, column or 3x3 box.) There is no guessing and no math involved, just logic.

Answer on page 28



Key Lime Ice Cream

- 1/4 cup Key lime juice
- 3 key limes, zested
- 2 1/2 cups sugar
- 6 cups whole milk
- 2 cups heavy cream
- 16 egg yolks
- 1/3 cup sweetened condensed milk
- 1 cup graham crackers, crushed into small pieces
- 1 vanilla bean, split lengthwise

Combine milk, heavy cream, and vanilla bean in a large pot and bring to a boil, then remove from heat. Meanwhile, in a separate mixing bowl, whisk together egg yolks and sugar until completely combined. Temper egg mixture with a third of the hot milk, then slowly pour back into large pot with milk and cream, whisking constantly. Cook over medium heat until custard reaches 180-185 degrees (stir constantly) and is slightly thickened. Strain through mesh strainer into a clean bowl and chill completely (over ice bath or in refrigerator). Stir lime juice and zest into custard mixture. Pour into ice cream machine and follow manufacturer's instructions. Approximately 5-10 minutes before ice cream is set, add graham crackers. When set, swirl in sweetened condensed milk. Place in freezer-safe container and allow to set for at least 2 hours before serving. Servings six.

Fresh tip: If you don't have vanilla bean, substitute 3 tablespoons pure vanilla extract; add to mixture at the end of the cooking process before straining.*



Key Lime Ice Cream

photo courtesy Fresh From Florida

 FRIDAY Mostly Cloudy High: 76 Low: 69	 SATURDAY Sunny High: 77 Low: 70	 SUNDAY Sunny High: 78 Low: 71	 MONDAY Mostly Sunny High: 77 Low: 70	 TUESDAY Partly Cloudy High: 79 Low: 68	 WEDNESDAY Partly Cloudy High: 77 Low: 70	 THURSDAY Sunny High: 80 Low: 73
--	---	---	--	--	--	---

Redfish Pass Tides				
Day	High	Low	High	Low
Fri	4:58 am	9:50 am	4:08 pm	11:15 pm
Sat	6:19 am	10:07 am	4:43 pm	None
Sun	5:24 pm	12:29 am	None	None
Mon	6:19 pm	1:54 am	None	None
Tue	7:41 pm	3:19 am	None	None
Wed	9:26 pm	4:31 am	None	None
Thu	1:29 pm	5:25 am	10:50 pm	4:39 pm

Point Ybel Tides				
Day	High	Low	High	Low
Fri	4:03 am	9:52 am	3:13 pm	11:17 pm
Sat	5:24 am	10:09 am	3:48 pm	None
Sun	4:29 pm	12:31 am	None	None
Mon	5:24 pm	1:56 am	None	None
Tue	6:46 pm	3:21 am	None	None
Wed	8:31 pm	4:33 am	None	None
Thu	12:34 pm	5:27 am	9:55 pm	4:41 pm

Punta Rassa Tides				
Day	High	Low	High	Low
Fri	4:51 am	10:22 am	3:58 pm	11:21 pm
Sat	5:55 am	10:51 am	4:38 pm	None
Sun	7:08 am	12:24 am	5:26 pm	11:14 am
Mon	8:31 am	1:47 am	6:58 pm	11:08 am
Tue	12:27 pm	3:04 am	8:36 pm	2:54 pm
Wed	12:42 pm	4:08 am	9:53 pm	4:04 pm
Thu	12:55 pm	5:06 am	11:03 pm	5:04 pm

Cape Coral Bridge Tides				
Day	High	Low	High	Low
Fri	7:08 am	1:27 am	6:18 pm	1:06 pm
Sat	8:29 am	2:31 am	6:53 pm	1:23 pm
Sun	7:34 pm	3:45 am	None	None
Mon	8:29 pm	5:10 am	None	None
Tue	9:51 pm	6:35 am	None	None
Wed	11:36 pm	7:47 am	None	None
Thu	3:39 pm	8:41 am	None	7:55 pm

PUZZLE ANSWERS

SUPER CROSSWORD

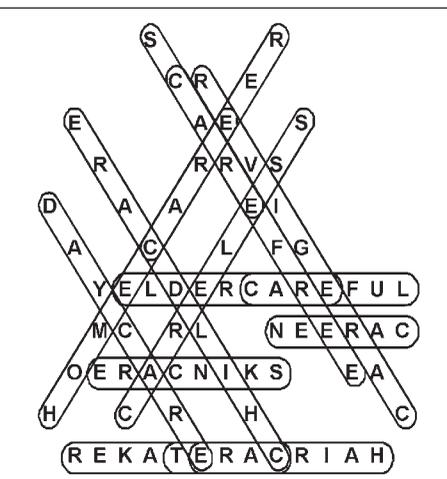
KING CROSSWORD

MAGIC MAZE

SUDOKU

N	O	T	E	B	A	S	U	T	A	H	N	U	P	O	N	E					
A	U	R	A	A	V	O	T	A	P	A	S	S	A	N	E	R					
S	T	O	R	A	G	E	C	A	P	A	C	I	T	Y	O	L	E	A	N		
A	G	I	N	G	O	K	R	A	T	E	R	N	S	E	I	R	E				
L	O	S	S	E	S	E	M	U	I	C	E	C	A	P	A	D	E	S			
				N	E	S	T	L	A	C	E	D	G	O	L	A	S	T			
K	A	T	E	C	A	P	S	H	A	W		T	A	K	E	S	T	O			
E	P	O	X	Y	L	E	O	A	S	P	E	R	S	E							
G	L	O	P	D	A	T	E	R	H	O	D	A	R	A	S	P	Y				
E	L	I	C	I	T			I	M	A	G	E	C	A	P	T	U	R	E		
O	N	M	A	R	S			U	R	N		W	O	N		S	O	R	B	E	T
S	T	A	T	E	C	A	P	I	T	A	L		E	N	T	O	M	B			
T	Y	N	E	S		S	I	G	E	P		F	I	D	O		P	E	O	N	
				S	H	A	N	G	R	I		E	D	U		S	O	N	I	A	
A	R	A	B	I	A	N		T	I	M	E	C	A	P	S	U	L	E			
N	O	M	A	D	S			C	L	O	Y	S		N	E	H	I				
A	Y	E	C	A	P	T	A	I	N		F	I	T		I	N	C	A	S	E	
L	A	N	K		S	A	L	T	S		O	T	I	S		E	R	R	O	L	
O	L	D	I	E		P	I	C	T	U	R	E	C	A	P	T	I	O	N	S	
G	W	E	N	N	I		C	H	A	T		M	A	L	E		M	M	I		
S	E	D	G	E		N	O	I	R	E		S	L	E	W		P	A	C	E	

I	T	S		B	O	B		D	A	M	U	P									
N	E	W		A	V	E		U	N	I	T	E									
L	E	A		J	E	T	S	E	T	T	E	R									
A	T	M		A	R	T	E	L													
W	H	I	Z		D	Y	E		B	R	A	G									
				O	H	O		D	I	L	U	T	E								
N	O	O	N	E				R	I	G	E	L									
A	D	V	E	R	B		W	E	T												
P	E	A	S		R	A	H		Z	A	N	Y									
				S	A	V	E	S		P	O	E									
S	H	A	R	K	T	A	N	K		S	I	N									
K	O	R	E	A		I	C	E		E	S	T									
I	D	E	S	T		L	E	W		S	E	A									



7	1	8	6	4	5	2	3	9
6	4	3	7	9	2	8	1	5
5	9	2	1	8	3	4	7	6
3	6	5	9	7	8	1	2	4
1	8	7	2	5	4	6	9	3
9	2	4	3	1	6	7	5	8
4	5	1	8	2	9	3	6	7
2	3	9	4	6	7	5	8	1
8	7	6	5	3	1	9	4	2

TRIVIA TEST

- Television:** In which state was the fictional town of Mayberry set for the series *The Andy Griffith Show*?
- Measurements:** How many years is a sesquicentennial anniversary?
- Literature:** Who wrote the novel *The Haunting of Hill House*?
- Geography:** How many countries border China?
- Music:** Which 1990s popular band's original name was Mookie Blaylock?
- U.S. Presidents:** Which president was the first to be born a U.S. citizen?
- Famous Quotations:** Which Austrian poet once wrote, "Spring has returned. The Earth is like a child that knows poems"?
- Movies:** Which futuristic 1970s movie's tagline was "Boy, have we got a vacation for you ..."?
- Psychology:** Which abnormal fear is represented in the condition called apiphobia?
- Advertisements:** Which product featured the manicurist Madge in TV commercials beginning in the 1960s?

TRIVIA ANSWERS

1. North Carolina
2. 150
3. Shirley Jackson
4. 14
5. Pearl Jam
6. Martin Van Buren
7. Rainer Maria Rilke
8. "Westworld"
9. Fear of bees
10. Palmolive dishwashing liquid

My Stars ★★★★★

FOR WEEK OF MARCH 16, 2020

Aries (March 21 to April 19)
Change is still dominant for Rams and Ewes, both in the workplace and their private lives. This is also a good time to look at a possible relocation if that has been one of your goals.

Taurus (April 20 to May 20)
Doing things for others is what you do well. But don't forget that Bovines thrive on the arts, so make some time for yourself to indulge your passion for music and artistic expressions.

Gemini (May 21 to June 20)
While the Romantic Twin considers where to go for his or her upcoming vacation, the Practical Twin will start making travel plans now to take advantage of some great bargains.

Cancer (June 21 to July 22)
Your sensitive nature helps you deal with a difficult emotional situation. Be patient and continue to show your sincere support wherever (and for whomever) it is needed.

Leo (July 23 to August 22)
You're making progress as you move through some unfamiliar territory. And while there might be a misstep or two along the way, overall you're heading in the right direction. Good luck.

Virgo (August 23 to September 22)
Some good news arrives – and just in time to remind you that you're making progress. Perhaps things aren't moving

as quickly as you'd prefer, but they're moving nevertheless.

Libra (September 23 to October 22)
This is a good week to step back and assess the facts that have recently emerged to see where they can be used to your advantage. Also, don't hesitate to make changes where necessary.

Scorpio (October 23 to November 21)
You should begin to experience some support from those who now agree with your point of view. This should help counter the remaining objections from die-hard skeptics.

Sagittarius (November 22 to December 21)
Don't let your aim be deflected by trivial matters as you try to resolve a confusing situation. Take time to find and thoroughly assess the facts before making any decision.

Capricorn (December 22 to January 19)
The possibility of moving to another location has come up. But before you dismiss it as unworkable, it's worth checking out just in case it does have some merit after all.

Aquarius (January 20 to February 18)
New relationships – personal or work-related – show mixed signals. Best to assume nothing. Let things play themselves out until you have something substantive to work with.

Pisces (February 19 to March 20)
Your ability to make needed changes without causing too much, if any, negative ripple effect comes in handy when dealing with a sensitive matter

either on the job or in the family.

Born This Week: Although you like things to go smoothly, you're not shy about making waves when you believe the situation calls for it.

NOW HERE'S A TIP

- "Loosen a stuck ring by putting a little bit of butter on your finger to help it slide." – DF in West Virginia
- If you've gone up or down a size, please consider donating your suits or dress clothes to the organization Dress for Success. It gives businesswear for interviews to women who could not otherwise afford it, helping them to look the part so that they can get the part!
- DIY Hand Pampering: Mix together 2 tablespoons of olive oil, 1/5 cup milk, 1/2 cup brown sugar, 1/4 cup honey. Soak hands in mixture for 2 minutes, then rinse and dry hands.
- How to pack a suitcase: Roll pants and tops, adding to suitcase first, toward the handle side. Then add heavy items (shoes, boots) toward the wheel end. Make sure you choose the right size case for the trip; too much room will cause items to shift around. You can always throw in a light jacket if you have the space.
- In a pinch, you can use toothpaste to scrub your faucet in the bathroom.
- Got unexpected company? For a quick, clean look, vacuum the floors and take care of these four things:

continue on page 31

PROFESSIONAL DIRECTORY

TREE TRIMMING, ARBORIST

Arbor Specialist Since 1995

"Tell A Friend"

TREE WEST

- Tree Trimming • Tree Removal
- Stump Grinding

239-910-3256
 info@treewestfl@gmail.com
 www.treewestflorida.com
 P.O. Box 564, Sanibel, FL 33957
 Licensed, insured, workers compensation

HOME SERVICES

YARD SERVICE • TREE SERVICE • POOL SERVICE
 HOME WATCH • CLEANING SERVICE



JUERGEN SCHREYER
 OWNER

ISLAND HOME SERVICE

P.O. Box 1050 • SANIBEL • FLORIDA 33957
 www.islandhomeservice.com
 info@islandhomeservice.com
 PHONE: (239) 472-5247 • CELL: (239) 229-6366

AIR CONDITIONING

239-217-4111 www.AlliedAir.biz



ALLIED AIR SERVICES
 HEATING • VENTILATING • AIR CONDITIONING
Home of The Comfort Club!

Over 34 years of trusted experience
 10923 Kelly Rd, Ft. Myers, FL 33908

FISHING CHARTER

Light Tackle Sport Fishing
 Tarpon • Snook • Redfish & More

CAPT. MATT MITCHELL



USCG Licensed & Insured
 C: (239) 340-8651
 www.captmattmitchell.com
 email: captmattmitchell@aol.com



Harry Chapin Food Bank
 OF SOUTHWEST FLORIDA

Mail your tax-deductible donation to:
The Harry Chapin Food Bank
 3760 Fowler Street, Fort Myers, FL 33901
 Call (239) 334-7007 or donate online at:
 harrychapinfoodbank.org

ELECTRICAL



SERVICE • RESIDENTIAL • COMMERCIAL • REMODEL



STANDBY POWER
 Authorized Dealer
 Lee, Collier, Hendry, Charlotte, Sarasota Counties
 Lic.# EC-13002460

Brady J. Rees
 Generator and Service Expert
 T | 239-368-9511
 C | 239-980-1596
 generator@jteelectricinc.com
 204-B Waldo Avenue,
 Lehigh Acres, FL 33971

HEALTH INSURANCE

health markets.

Health | Medicare | Small Group | Life | Supplemental

Bob Sprotte
 Licensed Insurance Agent

239-994-8711

GENERAL CONTRACTOR

D. BROWN

GENERAL CONTRACTORS LLC

CGC1517615



NEW CONSTRUCTION & REMODELS

239-593-1998 | www.dbrowngc.com

HOME WATCH

RELIABLE, HONEST, TRUSTWORTHY

- 24/7 Customer Portal
- Real-Time Reporting
- Concierge Service
- & More!



FIRST RESPONSE HOME WATCH

Craig Shelby JR.
 239.271.8071
 Firstresponsehomewatch.com
 FIRSTRESPONSEHOMEWATCH@GMAIL.COM INSURED & BONDED

CLEANING SERVICES



Professional Cleaning Services

Residential & Commercial
 Construction Clean Up
 Interior Windows
 Home Watch

Jennifer Watson
 (239) 810-6293
 brightntidy@gmail.com
 Licensed & Insured

CONSTRUCTION/REMODELING

COOPER

CONSTRUCTION

Custom Homes & Remodeling Specialists
 We can design, build and manage any endeavor you can dream up.

239.454.5699
 cooperconstruction@embarqmail.com
 Kerry Cooper • An Island Business Since 1982 • License # CBC1255742

REALTOR

"When Only The Best Will Do!"



JOHN NAUMANN & ASSOCIATES
 real estate
 Est. 1975
 www.alanfisher.jnrealestate.com



Alan B. Fisher
 REALTOR®
 c - 504-919-2770
 alan131@icloud.com

1149 Periwinkle Way
 Sanibel, FL 33957
 o - 239-472-0176

NEW CONSTRUCTION & REMODELING




NEW CONSTRUCTION REMODEL
 State Certified CGC024853

Over a 1,000 homes built since 1980

239-728-2143
 www.MYLHS.com

Angie's list 2019
 SUPER SERVICE AWARD

FLOOR COATINGS



239-931-3108

GARAGEFEET FLOOR COATINGS, LLC
 OUR FLOORS STICK!

Epoxy/Urethane Floor Coatings
 Pool, Deck & Dock Resurfacing
 Stamped Concrete Overlays
 Waterproofing, Residential & Commercial
 www.garagefeet.com | info@garagefeet.com

IRRIGATION

Under New Ownership



Get a Complete System Check Today!

- Routine System Checks
- Repair of Current System
- New Installations
- Water Audits & Leak Detection
- Residential or Commercial

Affordable ISLAND Irrigation
239-738-9970
 AffordableIslandIrrigation@gmail.com

CLASSIFIED

REAL ESTATE

LAKE VIEW HOME

McGregor Woods, Minutes to Sanibel and Fort Myers Beach with lush landscaping, quiet and private. 4/3/2 \$395,000. Call 239-246-4716 for showing! Isabella Rasi Engel&Voelkers
2/21 * 4/10

FOR SALE



1606 Sabal Sands Road, Sanibel
18-month old former model home
\$899,900 3/2 plus den & pool
Large private homesite
Ann Gee, Broker/Owner
239-850-0979
Or email RealtorAnn@hotmail.com
John Gee & Company
2807 West Gulf Drive, Sanibel
2/21 * TFN

COMMERCIAL RENTAL

POPULAR RENTAL LOCATION ON SANIBEL



Call Judy at 239-851-4073.
6/21 * TFN

PELICAN PLACE SHOPPING CENTER

Palm Ride Road on Sanibel
3 units available or combined 2,400 sq. ft.
(2 at 700 sq. ft., 1 at 1,000 sq. ft).
Call 703-593-7024
6/21 * TFN

VACATION RENTAL

EAST END ON CANAL GROUND LEVEL

3 BR, 2 BA, Sleeps 8
Large enclosed lanai and pool
Deep water access
Dog friendly
239-472-3458 or 319-651-9132
mknake@aol.com
1/31 * TFN

VACATION RENTAL



Cottages To Castles
Unique Vacation Rentals

2427 Periwinkle Way
Sanibel, FL 33957
Local: (239) 472-6385
Toll Free: (800) 472-5385
Fax: (239) 472-5858
www.cottages-to-castles.com
1/26 * TFN

Island Vacations

Of Sanibel & Captiva
Million \$ Views Await You!
• Cottages • Condos • Homes •
Miles of Beaches & Bike Paths
239-472-7277
1-888-451-7277
1/4 * TFN

BRAND NEW TO THE RENTAL MARKET!

Totally charming remodeled ground level home.
1 min bike ride, 5 min walk- door to shore. 3 bed/2 bath with additional private outdoor shower. This home has it all, lush landscaping, updates galore, and spacious family room with a fireplace.
Separate game/reading room to entertain friends next to the recently over the top remodeled kitchen looking out onto the heated pool with attached enclosed sunroom.
This home is ready for Aug.-Dec. rentals, call today before you miss out!!
Brooke Brownyard 239-281-4179
1/24 * 3/13

SNOW WHITE'S COTTAGE

2/1 East End steps to beach, residential area. Reduced \$1,000. \$3,500/April. Small dogs OK. Local Owner.
www.seagrapecottageatsanibel.com
727-644-6493
2/21 * 2/28

SEASONAL RENTAL

EAST ROCKS HOME SANIBEL

On River, Sanctuary land, Beach access, Deluxe 3 BR.
March, April.
405-307-8949.
12/27 * TFN

RENTAL WANTED

RENTAL WANTED

Mature couple, frequent past visitors to Sanibel, and we want to make Sanibel our winter home. Min 2 br-2 ba. Starting about 1/1/2021 for about 3 months
Stan@cosmeticindex.com
2/14 * 4/3

ANNUAL RENTAL WANTED

Retired couple with long history wintering on Sanibel looking to relocate and secure an annual residential rental on Sanibel. We are interested in a quality property that we can care for and at least a 2/2 or 3/2 home or duplex. We love community pools/central locations and have excellent local/credible references.
262-385-7379/ Tom
3/6 * 3/27

SERVICES OFFERED

ENVIROMOW

A Full Service Landscape Co.

- Landscape Design, Install & Maintenance,
 - Tree Trimming by a Licensed Arborist
 - Professional Irrigation Repair
 - Licensed & Insured Home Watch Service Residential & Commercial
- 239-896-6789**
11/29 * TFN

ROGER NODRUFF ELECTRIC

Dock Lighting, affordable LED conversion. FPE panel replacement, Landscape Lighting. Generator Sizing, etc, etc, etc.
Call or text Roger 239-707-7203
State License #13002788
4/20 * TFN

SCARNATO LAWN SERVICE

Lawn Service, Shrubs and Tree Trimming Weeding, Installation of Plants, Trees and Mulch (one month free service available)
Joe Scarnato (239) 849-6163
scarnatolawn@aol.com
1/25 * TFN

HELP WANTED

CAREGIVER NEEDED

For live in 2 to 3 days per week on Sanibel. Take care of elderly women 99 years old. Contact Alan at 732-259-6629 or Pat at 732-259-6631.
3/6 * TFN

DAIRY QUEEN

Smiling faces, will train, full/part time, all shifts, competitive pay plus tips,
DQ Sanibel
239-472-1170
Randy
3/13 * 3/20

BOATS-CANOE-KAYAKS

BOAT LIFT RENTAL WANTED

Looking for long-term rental of a boat lift on Sanibel or Captiva with direct ocean access.
Call Jim at 603-930-4549.
3/6 * TFN

AUTO FOR SALE

2009 RED MAZDA MIATA MX5

Great Sanibel toy!
Hard Top Convertible Primo Condition!
Original Owner Original Miles 33,500.
Call Ron to come see on Sanibel.
775-232-7337
3/6 * 3/13

LOOKING TO BUY

MID CENTURY FURNITURE

Danish, Modern, Teak and/or made in the USA during 1950s, 60s and 70s. Send photos to Joyldupree@AOL.com or text 941-313-5427. I make housecalls and pay up front/not consignment. Call Joy 941-313-5427 with questions. Retro Home Furnishings, 12717 McGregor Boulevard, Fort Myers. Open Tues.-Sat., 10 a.m. to 4 p.m.
10/11 * 4/3

LOST & FOUND

LOST GOLD WEDDING BAND

Lost 3/5 on the Sanibel side of Blind Pass, on the beach toward the Gulf, or in the restroom on the Captiva side. Ring has diagonal stripes of pink, yellow and white gold with faint engraving interior: MA & DT, date. Worn for 42 years...
\$100 REWARD, 239-240-7071
3/13 * 3/20

GARAGE SALE

GARAGE SALE

Bicycles, tools, golf bags and clubs, flower pots, garden equipment, milk frothers, and much more.
Saturday, March 14, 9 to 3 p.m.
758 Sand Dollar Drive, Sanibel
3/13 * 3/13

GARAGE SALE

Sat. March 21, 9 a.m. - 1 p.m.
1615 Sand Castle Road, Sanibel
Area rugs, lamps, pillows, decorative items, framed art work, womens clothing and much more.
3/13 * 3/20

FICTITIOUS NAME

FICTITIOUS NAME

Notice is hereby given that the undersigned, desiring to engage in business under the fictitious names of Rainbow Movement, Grandparent Diaries, and National Health Insurance with the Florida Department of State, Division of Corporations, Tallahassee, FL and/or clerk of the circuit court of Lee County, FL. The Rainbow Movement, Inc. Cape Coral, FL
www.rainbowmovement.world
3/13 * 3/13

PSA

AL-ATEEN HELP LINE

Are you concerned with a friend or family member's drinking?
Call the 24-hour help line of South Florida Al-Anon at 941-564-5098 or visit www.southfloridaal-anon.org. Meetings are held every day in Lee and Hendry counties. Al-Ateen meetings are also offered for ages 8 to 18.
10/4 * TFN



Narconon reminds families that the opiate problem in the U.S. is continuing to worsen and it's more important than ever to know and understand the signs and symptoms of an opiate overdose. To learn more about how to identify the signs and symptoms of opiate abuse, go to: <http://www.narconon-suncoast.org/blog/how-to-recognize-signs-of-an-opiate-overdose.html>
ADDITION SCREENINGS
Narconon can help you take steps to overcome addiction in your family. Call today for free screenings or referrals.
1-888-824-1621
5/31 * TFN

To advertise
in the
Island Sun
and
The River
Weekly News

Call 395-1213

From page 28

Now Here's A Tip

the bathroom, dishes in the sink, piles of junk on tables or counters and an overflowing trash can. Your house will look great.

MOMENTS IN TIME

- On March 22, 1765, in an effort to raise funds to pay off debts, the British government passes the Stamp Act. It levied a direct tax on all materials printed for commercial and legal use in the colonies, from newspapers and pamphlets to playing cards and dice.

- On March 21, 1804, the Napoleonic Code is approved in France. The Code strengthened the authority of men over their families, deprived women of any individual rights, and reduced the rights of illegitimate children. All male citizens also were granted equal rights under the law, but colonial slavery was reintroduced.

- On March 17, 1834, Gottlieb Daimler is born in Germany. In 1885, he and Wilhelm Maybach developed a new version of the four-stroke internal-combustion engine, which they attached to a wooden bicycle, creating the world's first motorcycle.

- On March 20, 1852, Harriet Beecher Stowe's anti-slavery novel, *Uncle Tom's Cabin*, is published. The novel was so widely read that when President Abraham Lincoln met Stowe, he reportedly said, "So this is the little lady who made this big war."

- On March 16, 1903, Roy Bean, the self-proclaimed "law west of the Pecos," dies in Langtry, Texas. Bean's claim to fame rested on his often humorous and sometimes-bizarre rulings as a justice of the peace in western

SCRAMBLERS

1. Score; 2. Alert;
3. Signal; 4. Whack

Today's Word
ALLOWANCE

Texas during the late 19th century.

- On March 18, 1933, American automaker Studebaker, then heavily in debt, goes into receivership. It eventually rebounded from its financial troubles, only to shut down the assembly line and transition out of the automobile business in 1966.

- On March 19, 1957, Elvis Presley puts a down payment on a home for his parents, a southern Colonial mansion on a 13.8-acre wooded estate. With a \$1,000 cash deposit against a sale price of \$102,500, Elvis Presley agreed to purchase the home called Graceland.

STRANGE BUT TRUE

- The national animal of Scotland is the unicorn.

- Nail polish is considered to have been invented in China about 3,000

BC. It was made of egg whites, beeswax, colored powder and gum Arabic.

- *Titanic* is the only movie to be available both in theaters and on VHS at the same time.

- At any given time, 0.7 percent of the world is drunk.

- Ever notice how the taste of artificial banana flavoring and artificial banana-flavored products doesn't greatly resemble the real thing? That's because it's based on a type of banana that was wiped out by a plague in the 1950s.

- There are more possible iterations of a chess match than there are atoms in the known universe.

- The Procrastinators' Club of America newsletter is called Last Month's Newsletter.

- Astronauts cannot burp in space.

There is no gravity to separate liquid from gas in their stomachs. They also can't cry, because without gravity their tears can't flow.

- The first color photograph was taken in 1861 by British physicist James Maxwell.

- The gastric acid in your stomach is so powerful that it is able to eat away an iron table in about 5 minutes.

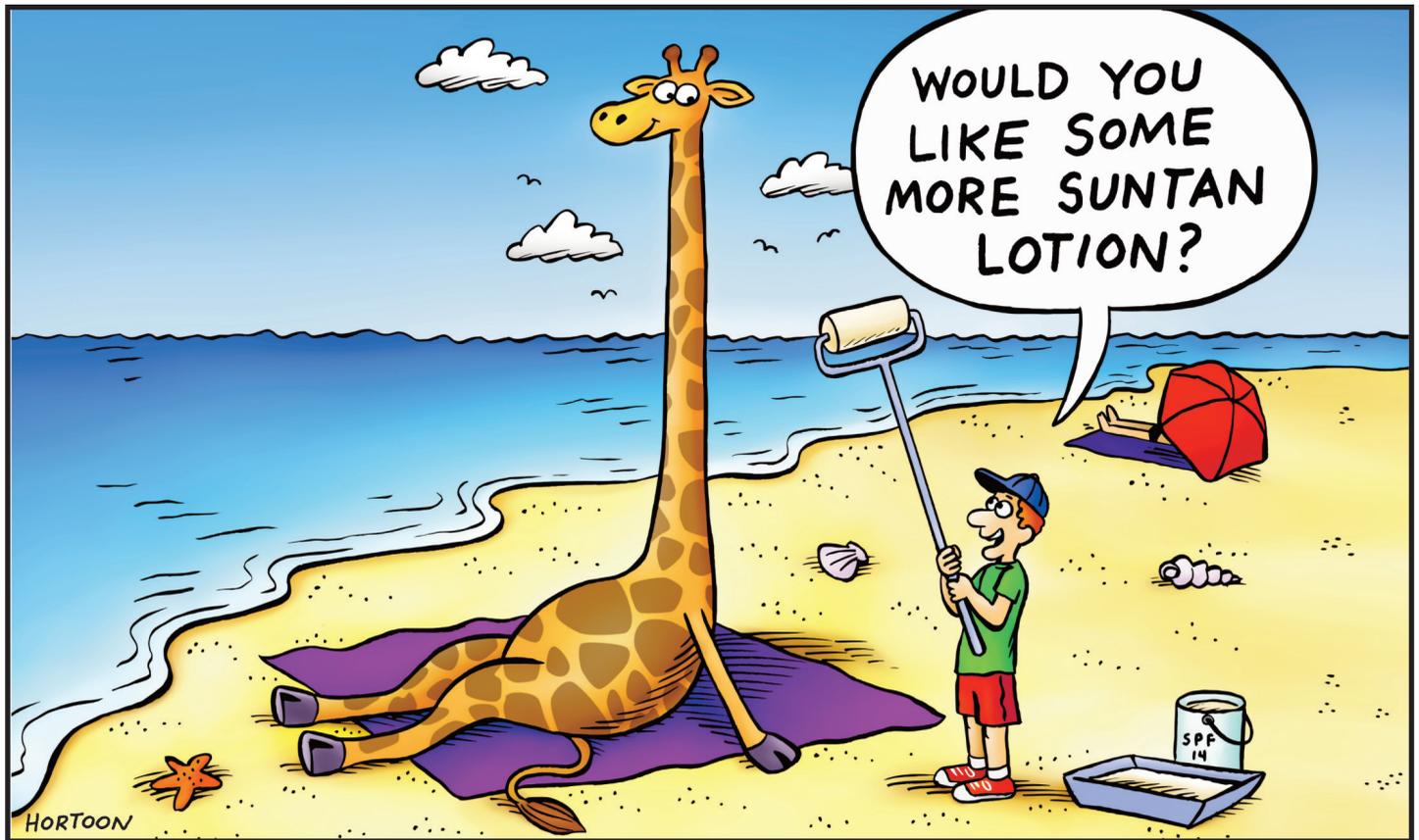
- Belmont University once offered a course entitled "Oh, Look, a Chicken! Embracing Distraction as a Way of Knowing."

THOUGHT FOR THE DAY

"Lord, when we are wrong, make us willing to change, and when we are right, make us easy to live with."

– Peter Marshall

HORTOONS



Top 10 Real Estate Sales

Subdivision	City	Year Built	Square Footage	Listing Price	Selling Price	Days On Market
Cottages At Barefoot	Bonita Springs	2001	3,593	\$3,695,000	\$2,900,000	7
Spring Ridge	Bonita Springs	1998	5,955	\$2,950,000	\$2,500,000	276
Bayfront Gardens	Bonita Springs	1999	4,455	\$2,250,000	\$1,900,000	284
Shell Harbor	Sanibel	1972	2,988	\$1,995,000	\$1,900,000	351
San Carlos On The Gulf	Fort Myers Beach	1981	3,622	\$1,750,000	\$1,725,000	162
Verona Lago	Miromar Lakes	2005	3,616	\$1,550,000	\$1,400,000	62
Catalpa Cove	Fort Myers	2008	6,558	\$1,435,675	\$1,210,700	472
Shell Harbor	Sanibel	1975	1,871	\$1,395,000	\$1,350,000	195
Intracoastal Harbour	Fort Myers	2012	2,857	\$1,349,900	\$1,325,000	16
Lake Forest At Shadow Wood	Estero	2006	3,708	\$1,325,000	\$1,325,000	88

Courtesy of Royal Shell Real Estate

DOC FORD'S RUM BAR & GRILLE

Randy Wayne White ©

**“FOR THE SUN-KISSED &
SUN-DESIROUS ALIKE,
A VACATION ON A PLATE.”**

The New York Times
Magazine

Sanibel • Captiva • Ft. Myers Beach • Downtown St. Pete (Coming Soon)

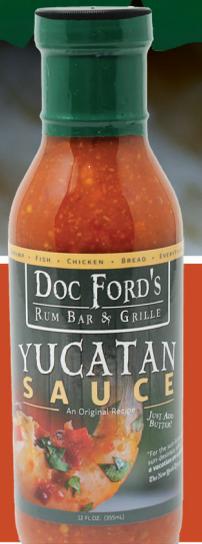


WWW.DOCFORDS.COM



THE ORIGINAL
YUCATAN SHRIMP!

Buy our
**YUCATAN
SAUCE**
by the bottle!



Visit Our Sister Locations on Ft. Myers Beach
The Dixie Fish Co. & The Whale